

Lac 2017-2018 deel 1



ZC Koewacht

Terneuzen 23-12-2017

LAC Periode - zaterdag 23 december 2017 om 15:30u (25 m)

Aanvangstijd juryvergadering: 15:00u

1. 200m wisselslag - Dames

10 - 11 jaar (Minioren 5 en Junioren 1)

1. Shanna Joppe (Z & PC De Zeeuwse Kust, 200601186)	02:51.97(+85)
50m 00:39.50 39,50 100m 01:23.08 43,58 150m 02:13.36 50,28	
2. Yara Mels (TRB-RES, 200700232)	02:55.25(+77)
50m 00:40.41 40,41 100m 01:25.91 45,50 150m 02:15.46 49,55	
3. Félinn van Lienden (Hieronymus, 200602038)	03:01.05(+72)
50m 00:39.28 39,28 100m 01:24.05 44,77 150m 02:19.52 55,47	
4. Maud Sutin (De Schelde, 200700230)	03:12.15
50m 00:46.69 46,69 100m 01:30.95 44,26 150m 02:28.06 57,11	
5. Sam Albicher (De Schelde, 200600936)	03:13.90(+79)
50m 00:45.05 45,05 100m 01:33.31 48,26 150m 02:30.52 57,21	
6. Fenna Theunissen (De Bevelanders, 200600532)	03:14.17(+96)
50m 00:42.76 42,76 100m 01:31.51 48,75 150m 02:28.13 56,62	
7. Alyssa van der Heijden (Hieronymus, 200603508)	03:15.10
50m 00:44.87 44,87 100m 01:30.36 45,49 150m 02:32.29 61,93	
8. Emma de Voogd (Z & PC De Zeeuwse Kust, 200700146)	03:21.31(+80)
50m 00:48.43 48,43 100m 01:39.50 51,07 150m 02:40.05 60,55	
9. Evy de Rot (AquaDream, 200700786)	03:34.86(+73)
50m 00:50.82 50,82 100m 01:42.89 52,07 150m 02:48.01 65,12	
10. Emma Bos (De Schelde, 200701568)	03:41.05
50m 00:52.80 52,80 100m 01:50.08 57,28 150m 02:52.70 62,62	
DIS: Bo Peeters (Z & PC De Zeeuwse Kust, 200700828)	00:00.00

2. 200m wisselslag - Heren

10 - 11 jaar (Minioren 5 en 6)

1. Joeri Harreman (De Schelde, 200600469)	02:44.86(+63)
50m 00:38.66 38,66 100m 01:19.74 41,08 150m 02:07.98 48,24	
2. Kylian Oosterveen (Z & PC De Zeeuwse Kust, 200600651)	02:46.63(+86)
50m 00:38.21 38,21 100m 01:20.18 41,97 150m 02:10.99 50,81	
3. Jelle Fermont (De Schelde, 200600395)	03:00.46(+68)
50m 00:38.64 38,64 100m 01:26.54 47,90 150m 02:19.60 53,06	
4. Erekle Papunashvili (Z & PC De Zeeuwse Kust, 200701007)	03:16.88(+70)
50m 00:45.46 45,46 100m 01:35.46 50,00 150m 02:33.94 58,48	
5. Xander de Pooter (De Schelde, 200601019)	03:35.11
50m 00:55.69 55,69 100m 01:51.09 55,40 150m 02:50.13 59,04	
6. Kimi-Njordr Jonkman (Z & PC De Zeeuwse Kust, 200700149)	03:36.03(+82)
50m 00:53.93 53,93 100m 01:45.30 51,37 150m 02:46.07 60,77	
7. Sem de Ridder (Zwemclub Koewacht, 200600631)	03:40.40
50m 00:52.03 52,03 100m 01:51.44 59,41 150m 02:55.61 64,17	

3. 200m wisselslag - Dames

12 - 13 jaar (Junioren 2 en 3)

1. Evy van Laarhoven (AquaDream, 200500712)	50m 00:35.01 35,01	100m 01:16.42 41,41	150m 02:03.87 47,45	02:41.34(+80)
2. Manouk Maas (Z & PC De Zeeuwse Kust, 200502952)	50m 00:36.22 36,22	100m 01:19.43 43,21	150m 02:08.81 49,38	02:46.31(+73)
3. Indy Mels (TRB-RES, 200501354)	50m 00:37.97 37,97	100m 01:20.92 42,95	150m 02:14.06 53,14	02:55.69(+84)
4. Britt Sutin (De Schelde, 200401318)	50m 00:40.28 40,28	100m 01:23.09 42,81	150m 02:16.80 53,71	02:57.88(+57)
5. Anouk Bijl (De Schelde, 200503768)	50m 00:44.00 44,00	100m 01:37.15 53,15	150m 02:35.87 58,72	03:17.91(+62)
<i>14 - 15 jaar (Jeugd 1 en 2)</i>				
1. Aniek Harreman (De Schelde, 200301172)	50m 00:39.11 39,11	100m 01:23.62 44,51	150m 02:15.35 51,73	03:00.24(+68)
2. Indy Kaijser (Zwemclub Koewacht, 200301846)	50m 00:41.49 41,49	100m 01:34.94 53,45	150m 02:33.35 58,41	03:18.33(+92)
<i>vanaf 16 jaar (Senioren 1 en ouder)</i>				
1. Isabella Castelijns (Hieronymus, 200105962)	50m 00:34.55 34,55	100m 01:17.29 42,74	150m 02:09.08 51,79	02:46.93(+75)
2. Manon van Geersdaele (De Schelde, 199206908)	50m 00:35.72 35,72	100m 01:22.26 46,54	150m 02:13.32 51,06	02:53.37(+67)
3. Paulien Koster (De Bevelanders, 200005398)	50m 00:39.80 39,80	100m 01:25.98 46,18	150m 02:23.05 57,07	03:05.92(+88)
4. 200m wisselslag - Heren				
<i>12 - 13 jaar (Junioren 1 en 2)</i>				
1. Devid Amiryan (De Schelde, 200404199)	50m 00:40.97 40,97	100m 01:24.58 43,61	150m 02:15.20 50,62	02:59.79
<i>14 - 15 jaar (Junioren 3 en 4)</i>				
1. Stijn de Rechter (Zwemclub Koewacht, 200202989)	50m 00:31.11 31,11	100m 01:09.40 38,29	150m 01:58.12 48,72	02:36.54
<i>16 - 17 jaar (Jeugd 1 en 2)</i>				
<i>vanaf 18 jaar (Senioren 1 en ouder)</i>				
1. Teun de Pooter (De Schelde, 199901715)	50m 00:35.74 35,74	100m 01:17.63 41,89	150m 02:09.73 52,10	02:48.92
5. 200m vrije slag - Dames				
<i>8 - 9 jaar (Minioren 3 en 4)</i>				
1. Elske van der Ven (TRB-RES, 200800904)	50m 00:43.37 43,37	100m 01:31.49 48,12	150m 02:21.78 50,29	03:09.77
2. Marith Ewijk (TRB-RES, 200801414)	50m 00:41.84 41,84	100m 01:33.25 51,41	150m 02:25.71 52,46	03:17.18(+70)
3. Narkeasha Peterson (Z & PC De Zeeuwse Kust, 200800576)	50m 00:45.33 45,33	100m 01:41.58 56,25	150m 02:39.80 58,22	03:33.75
4. Noor Ruitenbeek (Zwemclub Koewacht, 200900250)	50m 00:45.59 45,59	100m 01:42.95 57,36	150m 02:41.81 58,86	03:35.00
5. Vianne Goeree (Z & PC De Zeeuwse Kust, 200800574)	50m 00:47.42 47,42	100m 01:44.57 57,15	150m 02:44.16 59,59	03:39.25(+106)
6. Elena Lunsingh (TRB-RES, 200802228)	50m 00:45.59 45,59	100m 01:41.87 56,28	150m 02:41.79 59,92	03:39.80
7. Jip Peeters (Z & PC De Zeeuwse Kust, 200900160)	50m 00:50.72 50,72	100m 01:52.71 61,99	150m 02:55.43 62,72	03:55.44

8. Jenna Bogaert (Zwemclub Koewacht, 200900156)					03:58.51
50m	00:51.54	100m	01:54.19	150m	02:58.34
51,54	62,65	64,15			
6. 200m vrije slag - Heren					
7 - 9 jaar (Minioren 4 en later)					
BM. Robert Martens (De Schelde, 197301463)					BM
50m	00:34.18	100m	01:14.22	150m	01:59.75
34,18	40,04	45,53			
BM. Marco de Bat (De Schelde, 197101467)					BM
50m	00:36.80	100m	01:17.68	150m	02:00.43
36,80	40,88	42,75			
7. 400m vrije slag - Dames					
10 - 11 jaar (Minioren 5 en Junioren 1)					
1. Shanna Joppe (Z & PC De Zeeuwse Kust, 200601186)					05:21.33(+83)
50m	00:37.18	150m	01:58.47	250m	03:20.74
37,18	40,83	41,35	350m	04:42.93	40,73
100m	01:17.64	200m	02:39.39	300m	04:02.20
40,46	40,92	41,46			
2. Yara Mels (TRB-RES, 200700232)					05:26.91(+75)
50m	00:37.65	150m	02:00.36	250m	03:23.91
37,65	41,84	42,20	350m	04:49.21	43,11
100m	01:18.52	200m	02:41.71	300m	04:06.10
40,87	41,35	42,19			
3. Félinn van Lienden (Hieronymus, 200602038)					05:33.98
50m	00:38.14	150m	02:01.97	250m	03:26.47
38,14	42,25	42,30	350m	04:52.21	42,95
100m	01:19.72	200m	02:44.17	300m	04:09.26
41,58	42,20	42,79			
4. Maud Sutin (De Schelde, 200700230)					06:03.77
50m	00:41.70	150m	02:12.12	250m	03:45.95
41,70	46,27	47,12	350m	05:20.28	47,23
100m	01:25.85	200m	02:58.83	300m	04:33.05
44,15	46,71	47,10			
5. Merel Hommers (De Schelde, 200600926)					06:08.68(+55)
50m	00:40.18	150m	02:14.73	250m	03:50.71
18,18	48,20	48,43	350m	05:24.98	46,99
100m	01:26.53	200m	03:02.28	300m	04:37.99
46,35	47,55	47,28			
6. Emma de Voogd (Z & PC De Zeeuwse Kust, 200700146)					06:11.99(+103)
50m	00:43.55	150m	02:19.25	250m	03:54.72
43,55	47,83	48,30	350m	05:29.36	46,69
100m	01:31.42	200m	03:06.42	300m	04:42.67
47,87	47,17	47,95			
7. Floortje Bartels (Hieronymus, 200601486)					06:14.25(+80)
50m	00:40.62	150m	02:14.23	250m	03:50.81
40,62	47,58	48,06	350m	05:28.89	48,55
100m	01:26.65	200m	03:02.75	300m	04:40.34
46,03	48,52	49,53			
8. Bo Peeters (Z & PC De Zeeuwse Kust, 200700828)					06:17.84(+93)
50m	00:42.59	150m	02:17.59	250m	03:54.90
42,59	48,65	48,93	350m	05:32.32	48,11
100m	01:28.94	200m	03:05.97	300m	04:44.21
46,35	48,38	49,31			
9. Alyssa van der Heijden (Hieronymus, 200603508)					06:17.90(+64)
50m	00:43.46	150m	02:18.29	250m	03:54.93
43,46	48,03	48,89	350m	05:32.01	48,20
100m	01:30.26	200m	03:06.04	300m	04:43.81
46,80	47,75	48,88			
10. Sam Albicher (De Schelde, 200600936)					06:24.10(+85)
50m	00:43.40	150m	02:18.86	250m	03:57.63
40,40	47,64	49,52	350m	05:36.36	49,51
100m	01:31.22	200m	03:08.11	300m	04:46.85
47,82	49,25	49,22			
11. Fenna Theunissen (De Bevelanders, 200600532)					06:26.59
50m	00:45.02	150m	02:26.95	250m	04:07.88
45,02	50,51	50,39	350m	05:44.56	48,60
100m	01:36.44	200m	03:17.49	300m	04:55.96
51,42	50,54	48,08			
12. Wies Ruitenbeek (Zwemclub Koewacht, 200700234)					06:36.13(+80)
50m	00:45.26	150m	02:26.49	250m	04:08.69
26,26	51,26	50,87	350m	05:49.51	51,27
100m	01:35.23	200m	03:17.82	300m	04:58.24
49,97	51,33	49,55			
13. Lieke Duijnkerke (Z & PC De Zeeuwse Kust, 200700468)					06:36.77
50m	00:44.79	150m	02:26.60	250m	04:08.61
44,79	51,20	51,11	350m	05:50.27	51,27
100m	01:35.40	200m	03:17.50	300m	04:59.00
50,61	50,90	50,39			
14. Evy de Rot (AquaDream, 200700786)					06:49.51
50m	00:45.40	150m	02:30.14	250m	04:17.35
40,40	53,15	53,67	350m	06:03.28	51,52
100m	01:36.99	200m	03:23.68	300m	05:11.76
51,59	53,54	54,41			
15. Emma Bos (De Schelde, 200701568)					07:02.53
50m	00:46.27	150m	02:32.71	250m	04:21.23
46,27	53,35	53,49	350m	06:11.80	55,23

100m 01:39.36 53,09 200m 03:27.74 55,03 300m 05:16.57 55,34

BM. Indy Kaijser (Zwemclub Koewacht, 200301846)

BM

50m 00:40.84 40,84 150m 02:13.12 47,42 250m 03:48.57 47,88 350m 05:23.00 46,64
100m 01:25.70 44,86 200m 03:00.69 47,57 300m 04:36.36 47,79

8. 400m vrije slag - Heren

10 - 11 jaar (Minioren 5 en 6)

1. Kylian Oosterveen (Z & PC De Zeeuwse Kust, 200600651)

05:20.67(+86)

50m 00:36.75 36,75 150m 01:59.42 42,01 250m 03:22.77 41,58 350m 04:45.62 41,42
100m 01:17.41 40,66 200m 02:41.19 41,77 300m 04:04.20 41,43

2. Joeri Harreman (De Schelde, 200600469)

05:22.95(+72)

50m 00:36.54 36,54 150m 01:59.39 41,97 250m 03:23.68 42,06 350m 04:47.01 41,21
100m 01:17.42 40,88 200m 02:41.62 42,23 300m 04:05.80 42,12

3. Jelle Fermont (De Schelde, 200600395)

05:54.42(+63)

50m 00:39.30 39,30 150m 02:08.00 45,10 250m 03:39.34 45,93 350m 05:11.49 45,20
100m 01:22.90 43,60 200m 02:53.41 45,41 300m 04:26.29 46,95

4. Erekle Papunashvili (Z & PC De Zeeuwse Kust, 200701007)

06:03.35

50m 00:42.34 42,34 150m 02:13.64 45,99 250m 03:48.54 47,85 350m 05:22.24 45,97
100m 01:27.65 45,31 200m 03:00.69 47,05 300m 04:36.27 47,73

5. Xander de Pooter (De Schelde, 200601019)

06:46.73(+69)

50m 00:46.50 46,50 150m 02:31.00 52,65 250m 04:16.21 52,78 350m 06:00.31 51,10
100m 01:38.35 51,85 200m 03:23.43 52,43 300m 05:09.21 53,00

6. Kimi-Njodr Jonkman (Z & PC De Zeeuwse Kust, 200700149)

06:55.10(+96)

50m 00:45.66 45,66 150m 02:31.27 53,52 250m 04:19.50 54,95 350m 06:06.64 52,75
100m 01:37.75 52,09 200m 03:24.55 53,28 300m 05:13.89 54,39

BM. Stijn de Rechter (Zwemclub Koewacht, 200202989)

BM

50m 00:33.09 33,09 150m 01:48.36 38,12 250m 03:05.56 39,09 350m 04:21.69 38,00
100m 01:10.24 37,15 200m 02:26.47 38,11 300m 03:43.69 38,13

9. 800m vrije slag - Dames

12 - 13 jaar (Junioren 2 en 3)

1. Luka de Neef (AquaDream, 200401824)

09:40.86(+49)

50m 00:32.89 32,89 250m 02:59.55 37,22 450m 05:26.79 36,07 650m 07:52.57 36,07
100m 01:08.58 35,69 300m 03:36.34 36,79 500m 06:03.57 36,78 700m 08:29.09 36,52
150m 01:45.27 36,69 350m 04:13.94 37,60 550m 06:40.37 36,80 750m 09:05.77 36,68
200m 02:22.33 37,06 400m 04:50.72 36,78 600m 07:16.50 36,13

2. Indy van Laarhoven (AquaDream, 200500710)

10:28.99

50m 00:35.01 35,01 250m 03:15.09 40,21 450m 05:54.75 38,83 650m 08:33.66 38,96
100m 01:14.70 39,69 300m 03:55.82 40,73 500m 06:35.14 40,39 700m 09:12.94 39,28
150m 01:55.04 40,34 350m 04:35.94 40,12 550m 07:15.49 40,35 750m 09:51.92 38,98
200m 02:34.88 39,84 400m 05:15.92 39,98 600m 07:54.70 39,21

3. Lien Fermont (De Schelde, 200500506)

10:51.05(+60)

50m 00:34.78 34,78 250m 03:14.66 40,96 450m 05:59.93 42,14 650m 08:49.38 42,27
100m 01:13.29 38,51 300m 03:55.83 41,17 500m 06:42.25 42,32 700m 09:30.37 40,99
150m 01:53.37 40,08 350m 04:36.29 40,46 550m 07:24.43 42,18 750m 10:11.50 41,13
200m 02:33.70 40,33 400m 05:17.79 41,50 600m 08:07.11 42,68

4. Bibi de Jong (Hieronymus, 200401164)

10:51.35(+78)

50m 00:34.72 34,72 250m 03:15.37 41,17 450m 06:01.54 42,19 650m 08:49.02 41,92
100m 01:13.54 38,82 300m 03:56.51 41,14 500m 06:43.32 41,78 700m 09:30.84 41,82
150m 01:53.85 40,31 350m 04:37.59 41,08 550m 07:25.29 41,97 750m 10:12.09 41,25
200m 02:34.20 40,35 400m 05:19.35 41,76 600m 08:07.10 41,81

5. Tessa Roovers (De Schelde, 200405206)

10:53.75(+82)

50m 00:36.60 36,60 250m 03:20.32 41,06 450m 06:07.41 42,27 650m 08:52.79 41,32
100m 01:17.08 40,48 300m 04:01.95 41,63 500m 06:48.24 40,83 700m 09:34.55 41,76
150m 01:58.47 41,39 350m 04:43.54 41,59 550m 07:29.91 41,67 750m 10:15.09 40,54
200m 02:39.26 40,79 400m 05:25.14 41,60 600m 08:11.47 41,56

6. Mirthe Vlegels (Hieronymus, 200503486)

10:55.15(+55)

50m 00:34.16 34,16 250m 03:17.40 41,36 450m 06:04.13 41,67 650m 08:52.20 42,11

100m	01:13.57	39,41	300m	03:58.47	41,07	500m	06:46.06	41,93	700m	09:33.85	41,65
150m	01:54.92	41,35	350m	04:40.27	41,80	550m	07:28.25	42,19	750m	10:15.34	41,49
200m	02:36.04	41,12	400m	05:22.46	42,19	600m	08:10.09	41,84			
7. Esmee de Volder (Hieronymus, 200404362) 11:20.67(+82)											
50m	00:35.88	35,88	250m	03:27.09	43,05	450m	06:20.16	43,69	650m	09:16.57	43,37
100m	01:17.55	41,67	300m	04:09.64	42,55	500m	07:04.55	44,39	700m	09:59.70	43,13
150m	02:00.39	42,84	350m	04:53.07	43,43	550m	07:48.70	44,15	750m	10:41.71	42,01
200m	02:44.04	43,65	400m	05:36.47	43,40	600m	08:33.20	44,50			
8. Luna van Tilburg (De Krabben, 200502160) 11:39.06(+50)											
50m	00:35.24	35,24	250m	03:27.54	44,58	450m	06:32.37	47,26	650m	09:32.48	43,95
100m	01:15.38	40,14	300m	04:13.43	45,89	500m	07:17.83	45,46	700m	10:17.81	45,33
150m	01:58.60	43,22	350m	04:58.89	45,46	550m	08:03.50	45,67	750m	11:00.87	43,06
200m	02:42.96	44,36	400m	05:45.11	46,22	600m	08:48.53	45,03			
9. Indy Mels (TRB-RES, 200501354) 11:40.21(+86)											
50m	00:38.20	38,20	250m	03:32.83	44,35	450m	06:32.56	44,76	650m	09:32.43	44,01
100m	01:21.50	43,30	300m	04:18.10	45,27	500m	07:18.13	45,57	700m	10:17.18	44,75
150m	02:05.21	43,71	350m	05:02.82	44,72	550m	08:03.41	45,28	750m	10:59.81	42,63
200m	02:48.48	43,27	400m	05:47.80	44,98	600m	08:48.42	45,01			
10. Britt Sutin (De Schelde, 200401318) 11:58.46(+60)											
50m	00:38.86	38,86	250m	03:38.48	45,46	450m	06:42.73	46,39	650m	09:46.97	45,12
100m	01:22.47	43,61	300m	04:24.16	45,68	500m	07:29.35	46,62	700m	10:31.85	44,88
150m	02:07.38	44,91	350m	05:10.80	46,64	550m	08:16.12	46,77	750m	11:16.53	44,68
200m	02:53.02	45,64	400m	05:56.34	45,54	600m	09:01.85	45,73			
11. Maud Ruitenbeek (Zwemclub Koewacht, 200501894) 12:03.65(+59)											
50m	00:38.39	38,39	250m	03:38.02	45,60	450m	06:42.85	46,06	650m	09:48.19	46,49
100m	01:21.96	43,57	300m	04:24.00	45,98	500m	07:28.55	45,70	700m	10:34.37	46,18
150m	02:06.85	44,89	350m	05:10.67	46,67	550m	08:14.82	46,27	750m	11:20.20	45,83
200m	02:52.42	45,57	400m	05:56.79	46,12	600m	09:01.70	46,88			
12. Luca Levens (TRB-RES, 200402672) 12:15.53(+74)											
50m	00:40.41	40,41	250m	03:45.80	46,70	450m	06:54.45	48,21	650m	10:01.40	45,71
100m	01:26.19	45,78	300m	04:32.32	46,52	500m	07:42.74	48,29	700m	10:47.66	46,26
150m	02:12.86	46,67	350m	05:19.54	47,22	550m	08:29.28	46,54	750m	11:33.80	46,14
200m	02:59.10	46,24	400m	06:06.24	46,70	600m	09:15.69	46,41			
13. Maaïke Meulblok (Z & PC De Zeeuwse Kust, 200500104) 12:15.60											
50m	00:39.69	39,69	250m	03:43.91	46,84	450m	06:54.28	47,92	650m	10:02.19	46,41
100m	01:23.99	44,30	300m	04:30.91	47,00	500m	07:41.43	47,15	700m	10:48.73	46,54
150m	02:09.98	45,99	350m	05:18.78	47,87	550m	08:28.87	47,44	750m	11:33.35	44,62
200m	02:57.07	47,09	400m	06:06.36	47,58	600m	09:15.78	46,91			
14. Floor de Pooter (De Schelde, 200501120) 12:23.23(+66)											
50m	00:38.40	38,40	250m	03:43.97	46,46	450m	06:52.29	46,20	650m	10:02.35	47,74
100m	01:23.14	44,74	300m	04:32.08	48,11	500m	07:39.84	47,55	700m	10:50.20	47,85
150m	02:10.67	47,53	350m	05:17.40	45,32	550m	08:27.32	47,48	750m	11:38.32	48,12
200m	02:57.51	46,84	400m	06:06.09	48,69	600m	09:14.61	47,29			
15. Fleur de Ridder (Zwemclub Koewacht, 200402052) 13:01.58(+103)											
50m	00:39.88	39,88	250m	03:57.72	50,13	450m	07:16.35	49,19	650m	10:37.59	50,72
100m	01:27.92	48,04	300m	04:48.34	50,62	500m	08:06.54	50,19	700m	11:29.05	51,46
150m	02:17.56	49,64	350m	05:38.20	49,86	550m	08:55.94	49,40	750m	12:17.25	48,20
200m	03:07.59	50,03	400m	06:27.16	48,96	600m	09:46.87	50,93			
16. Anouk Bijl (De Schelde, 200503768) 13:05.04(+71)											
50m	00:40.52	40,52	250m	03:57.47	50,28	450m	07:17.67	48,93	650m	10:40.97	51,25
100m	01:28.16	47,64	300m	04:47.84	50,37	500m	08:08.68	51,01	700m	11:31.04	50,07
150m	02:17.70	49,54	350m	05:38.35	50,51	550m	08:59.24	50,56	750m	12:20.35	49,31
200m	03:07.19	49,49	400m	06:28.74	50,39	600m	09:49.72	50,48			
17. Evie Meerveld (De Schelde, 200501978) 13:23.39(+92)											
50m	00:41.39	41,39	250m	04:01.70	50,53	450m	07:26.84	50,97	650m	10:54.59	53,03
100m	01:29.69	48,30	300m	04:53.15	51,45	500m	08:18.98	52,14	700m	11:45.64	51,05
150m	02:20.37	50,68	350m	05:44.49	51,34	550m	09:09.96	50,98	750m	12:36.27	50,63
200m	03:11.17	50,80	400m	06:35.87	51,38	600m	10:01.56	51,60			

14 - 15 jaar (Jeugd 1 en 2)

1. Anastasia Renssen (TRB-RES, 200202588)					09:56.33(+67)
50m 00:32.23 32,23	250m 03:01.11 37,84	450m 05:34.91 38,62	650m 08:07.45 38,07		
100m 01:08.37 36,14	300m 03:39.42 38,31	500m 06:13.54 38,63	700m 08:45.17 37,72		
150m 01:45.64 37,27	350m 04:17.98 38,56	550m 06:51.43 37,89	750m 09:21.82 36,65		
200m 02:23.27 37,63	400m 04:56.29 38,31	600m 07:29.38 37,95			
2. Daphne Vonk (Zwemclub Koewacht, 200202216)					12:12.20(+65)
50m 00:38.46 38,46	250m 03:37.17 45,71	450m 06:44.39 47,71	650m 09:54.71 46,70		
100m 01:21.45 42,99	300m 04:23.10 45,93	500m 07:32.33 47,94	700m 10:42.05 47,34		
150m 02:06.18 44,73	350m 05:09.46 46,36	550m 08:20.48 48,15	750m 11:28.18 46,13		
200m 02:51.46 45,28	400m 05:56.68 47,22	600m 09:08.01 47,53			

vanaf 16 jaar (Senioren 1 en ouder)

1. Kirsten Walraven (Z & PC De Zeeuwse Kust, 200001358)					09:49.78(+87)
50m 00:31.00 31,00	250m 02:54.77 36,60	450m 05:22.39 37,22	650m 07:54.69 38,43		
100m 01:05.80 34,80	300m 03:31.06 36,29	500m 06:00.00 37,61	700m 08:32.95 38,26		
150m 01:41.88 36,08	350m 04:08.01 36,95	550m 06:37.98 37,98	750m 09:11.74 38,79		
200m 02:18.17 36,29	400m 04:45.17 37,16	600m 07:16.26 38,28			
2. Laura Nieuwland (Z & PC De Zeeuwse Kust, 200001834)					10:18.30(+56)
50m 00:32.69 32,69	250m 03:03.59 38,87	450m 05:41.25 39,51	650m 08:21.10 39,34		
100m 01:08.96 36,27	300m 03:42.54 38,95	500m 06:21.41 40,16	700m 09:01.10 40,00		
150m 01:46.23 37,27	350m 04:22.27 39,73	550m 07:01.31 39,90	750m 09:39.92 38,82		
200m 02:24.72 38,49	400m 05:01.74 39,47	600m 07:41.76 40,45			
3. Paulien Koster (De Bevelanders, 200005398)					12:05.11(+90)
50m 00:35.78 35,78	250m 03:27.69 44,82	450m 06:34.38 47,17	650m 09:44.38 47,45		
100m 01:16.37 40,59	300m 04:13.54 45,85	500m 07:22.21 47,83	700m 10:32.00 47,62		
150m 01:59.02 42,65	350m 05:00.00 46,46	550m 08:09.55 47,34	750m 11:19.00 47,00		
200m 02:42.87 43,85	400m 05:47.21 47,21	600m 08:56.93 47,38			

10. 800m vrije slag - Heren

12 - 13 jaar (Junioren 1 en 2)

1. Sem Lazeroms (Hieronymus, 200402921)					10:03.01(+84)
50m 00:31.19 31,19	250m 03:00.94 38,51	450m 05:35.49 38,56	650m 08:10.13 38,56		
100m 01:06.74 35,55	300m 03:39.12 38,18	500m 06:14.20 38,71	700m 08:48.86 38,73		
150m 01:43.89 37,15	350m 04:17.95 38,83	550m 06:52.95 38,75	750m 09:27.15 38,29		
200m 02:22.43 38,54	400m 04:56.93 38,98	600m 07:31.57 38,62			
2. Sven ten Hove (Hieronymus, 200500273)					10:16.56(+66)
50m 00:35.27 35,27	250m 03:11.42 38,81	450m 05:45.60 39,07	650m 08:22.62 39,57		
100m 01:13.92 38,65	300m 03:49.29 37,87	500m 06:24.76 39,16	700m 09:02.14 39,52		
150m 01:53.44 39,52	350m 04:28.04 38,75	550m 07:04.02 39,26	750m 09:40.44 38,30		
200m 02:32.61 39,17	400m 05:06.53 38,49	600m 07:43.05 39,03			
3. Sigsten Jonkman (Z & PC De Zeeuwse Kust, 200500523)					10:40.98(+52)
50m 00:33.93 33,93	250m 03:12.17 39,80	450m 05:56.36 41,48	650m 08:41.75 41,25		
100m 01:12.86 38,93	300m 03:52.54 40,37	500m 06:37.93 41,57	700m 09:22.65 40,90		
150m 01:52.49 39,63	350m 04:33.74 41,20	550m 07:19.20 41,27	750m 10:02.91 40,26		
200m 02:32.37 39,88	400m 05:14.88 41,14	600m 08:00.50 41,30			
4. Steyn Mosterd (Z & PC De Zeeuwse Kust, 200402289)					10:47.35(+72)
50m 00:34.69 34,69	250m 03:14.79 40,80	450m 06:00.64 41,97	650m 08:47.22 41,10		
100m 01:13.72 39,03	300m 03:55.85 41,06	500m 06:42.40 41,76	700m 09:29.25 42,03		
150m 01:53.74 40,02	350m 04:37.31 41,46	550m 07:24.16 41,76	750m 10:09.90 40,65		
200m 02:33.99 40,25	400m 05:18.67 41,36	600m 08:06.12 41,96			
5. Wouter Provoost (Zwemclub Koewacht, 200500703)					11:30.76(+91)
50m 00:35.58 35,58	250m 03:27.77 44,42	450m 06:25.24 43,49	650m 09:23.54 44,60		
100m 01:16.81 41,23	300m 04:11.60 43,83	500m 07:10.93 45,69	700m 10:07.05 43,51		
150m 01:58.73 41,92	350m 04:56.73 45,13	550m 07:54.57 43,64	750m 10:48.87 41,82		
200m 02:43.35 44,62	400m 05:41.75 45,02	600m 08:38.94 44,37			

14 - 15 jaar (Junioren 3 en 4)

1. Sander Provoost (Zwemclub Koewacht, 200302121)					10:26.48(+92)
50m 00:34.01 34,01	250m 03:09.73 40,05	450m 05:51.84 41,12	650m 08:30.76 38,93		
100m 01:11.41 37,40	300m 03:49.52 39,79	500m 06:32.57 40,73	700m 09:09.40 38,64		
150m 01:49.86 38,45	350m 04:29.91 40,39	550m 07:12.22 39,65	750m 09:48.38 38,98		

200m 02:29.68 39,82 400m 05:10.72 40,81 600m 07:51.83 39,61

16 - 17 jaar (Jeugd 1 en 2)

vanaf 18 jaar (Senioren 1 en ouder)

1. Andy van Akkeren (Hieronymus, 199505381) 09:59.38(+62)

50m 00:30.45 30,45 250m 02:56.42 37,20 450m 05:30.14 39,02 650m 08:05.91 39,65
100m 01:06.10 35,65 300m 03:34.59 38,17 500m 06:09.40 39,26 700m 08:44.69 38,78
150m 01:42.89 36,79 350m 04:12.57 37,98 550m 06:48.12 38,72 750m 09:23.42 38,73
200m 02:19.22 36,33 400m 04:51.12 38,55 600m 07:26.26 38,14

2. Tom van Gils (Sg ZOC, 199501799) 10:34.23(+72)

50m 00:31.08 31,08 250m 02:56.53 38,02 450m 05:37.01 42,15 650m 08:28.47 42,60
100m 01:05.75 34,67 300m 03:34.90 38,37 500m 06:19.71 42,70 700m 09:11.42 42,95
150m 01:41.58 35,83 350m 04:14.07 39,17 550m 07:02.66 42,95 750m 09:52.89 41,47
200m 02:18.51 36,93 400m 04:54.86 40,79 600m 07:45.87 43,21

3. Arjan Dekker (Zwemclub Koewacht, 196900225) 13:22.40(+101)

50m 00:38.75 38,75 250m 03:53.75 51,74 450m 07:22.52 52,60 650m 10:53.18 51,86
100m 01:23.40 44,65 300m 04:45.46 51,71 500m 08:16.08 53,56 700m 11:46.37 53,19
150m 02:11.76 48,36 350m 05:37.42 51,96 550m 09:08.89 52,81 750m 12:36.12 49,75
200m 03:02.01 50,25 400m 06:29.92 52,50 600m 10:01.32 52,43

11. 1500m vrije slag - Dames

14 - 15 jaar (Jeugd 1 en 2)

1. Roos Engleburt (Hieronymus, 200200606) 19:09.29(+92)

50m 00:33.99 33,99 450m 05:36.01 37,91 800m 10:05.37 38,71 1150m 14:37.39 38,78
100m 01:10.86 36,87 500m 06:14.42 38,41 850m 10:44.05 38,68 1200m 15:16.89 39,50
150m 01:48.83 37,97 550m 06:52.07 37,65 900m 11:22.85 38,80 1250m 15:56.13 39,24
200m 02:26.41 37,58 600m 07:30.30 38,23 950m 12:02.06 39,21 1300m 16:35.63 39,50
250m 03:04.65 38,24 650m 08:09.01 38,71 1000m 12:40.57 38,51 1350m 17:15.13 39,50
300m 03:42.29 37,64 700m 08:47.45 38,44 1050m 13:19.03 38,46 1400m 17:53.56 38,43
350m 04:19.97 37,68 750m 09:26.66 39,21 1100m 13:58.61 39,58 1450m 18:32.73 39,17
400m 04:58.10 38,13 800m 10:05.37 38,71 1150m 14:37.39 38,78

2. Elte van Goethem (De Honte, 200300432) 21:51.76(+89)

50m 00:36.56 36,56 450m 06:20.78 44,20 800m 11:31.52 45,14 1150m 16:44.42 45,49
100m 01:17.60 41,04 500m 07:05.63 44,85 850m 12:16.02 44,50 1200m 17:30.39 45,97
150m 02:00.50 42,90 550m 07:49.01 43,38 900m 13:00.93 44,91 1250m 18:14.42 44,03
200m 02:43.31 42,81 600m 08:33.18 44,17 950m 13:45.79 44,86 1300m 18:58.83 44,41
250m 03:26.34 43,03 650m 09:17.84 44,66 1000m 14:29.89 44,10 1350m 19:44.03 45,20
300m 04:09.91 43,57 700m 10:02.36 44,52 1050m 15:14.00 44,11 1400m 20:28.02 43,99
350m 04:53.20 43,29 750m 10:46.38 44,02 1100m 15:58.93 44,93 1450m 21:11.08 43,06
400m 05:36.58 43,38 800m 11:31.52 45,14 1150m 16:44.42 45,49

3. Nasca van Dijk (Zwemclub Koewacht, 200300816) 22:48.78(+77)

50m 00:36.86 36,86 450m 06:39.11 46,45 800m 12:07.19 47,05 1150m 17:34.19 46,90
100m 01:18.65 41,79 500m 07:25.69 46,58 850m 12:54.04 46,85 1200m 18:20.68 46,49
150m 02:04.02 45,37 550m 08:12.17 46,48 900m 13:41.76 47,72 1250m 19:06.54 45,86
200m 02:48.88 44,86 600m 08:58.91 46,74 950m 14:28.10 46,34 1300m 19:51.82 45,28
250m 03:34.75 45,87 650m 09:46.03 47,12 1000m 15:13.91 45,81 1350m 20:37.49 45,67
300m 04:20.08 45,33 700m 10:32.83 46,80 1050m 16:00.78 46,87 1400m 21:22.95 45,46
350m 05:05.83 45,75 750m 11:20.14 47,31 1100m 16:47.29 46,51 1450m 22:07.15 44,20
400m 05:52.66 46,83 800m 12:07.19 47,05 1150m 17:34.19 46,90

vanaf 16 jaar (Senioren 1 en ouder)

1. Isabella Castelijns (Hieronymus, 200105962) 21:12.53(+76)

50m 00:34.93 34,93 450m 06:09.10 43,65 800m 11:12.07 42,61 1150m 16:15.04 44,39
100m 01:13.83 38,90 500m 06:52.56 43,46 850m 11:54.91 42,84 1200m 16:58.76 43,72
150m 01:54.51 40,68 550m 07:36.33 43,77 900m 12:37.53 42,62 1250m 17:42.01 43,25
200m 02:36.16 41,65 600m 08:18.99 42,66 950m 13:20.26 42,73 1300m 18:25.50 43,49
250m 03:18.19 42,03 650m 09:02.39 43,40 1000m 14:03.51 43,25 1350m 19:08.57 43,07
300m 04:00.19 42,00 700m 09:45.71 43,32 1050m 14:47.08 43,57 1400m 19:51.73 43,16
350m 04:42.88 42,69 750m 10:29.46 43,75 1100m 15:30.65 43,57 1450m 20:33.55 41,82
400m 05:25.45 42,57 800m 11:12.07 42,61 1150m 16:15.04 44,39

2. Kayleigh Kloet (Sg ZOC, 199802860) 22:20.91(+80)

50m 00:36.10 36,10 450m 06:18.16 44,05 800m 11:28.74 44,95 1150m 16:43.76 45,62
100m 01:16.80 40,70 500m 07:01.88 43,72 850m 12:13.78 45,04 1200m 17:31.65 47,89

150m	01:58.66	41,86	550m	07:45.81	43,93	900m	12:58.96	45,18	1250m	18:20.72	49,07
200m	02:41.14	42,48	600m	08:30.01	44,20	950m	13:44.72	45,76	1300m	19:09.39	48,67
250m	03:23.96	42,82	650m	09:14.13	44,12	1000m	14:29.25	44,53	1350m	19:56.59	47,20
300m	04:07.32	43,36	700m	09:58.97	44,84	1050m	15:12.39	43,14	1400m	20:45.18	48,59
350m	04:50.34	43,02	750m	10:43.79	44,82	1100m	15:58.14	45,75	1450m	21:33.85	48,67
400m	05:34.11	43,77	800m	11:28.74	44,95	1150m	16:43.76	45,62			

3. Ingeborg speelman Hamelink (Zwemclub Koewacht, 197601028)

23:20.21(+89)

50m	00:39.85	39,85	450m	06:47.77	46,77	800m	12:16.58	46,85	1150m	17:47.42	47,78
100m	01:23.79	43,94	500m	07:34.32	46,55	850m	13:03.58	47,00	1200m	18:35.17	47,75
150m	02:09.15	45,36	550m	08:21.44	47,12	900m	13:50.46	46,88	1250m	19:22.86	47,69
200m	02:55.26	46,11	600m	09:08.66	47,22	950m	14:37.80	47,34	1300m	20:10.21	47,35
250m	03:41.06	45,80	650m	09:55.92	47,26	1000m	15:24.89	47,09	1350m	20:58.10	47,89
300m	04:27.42	46,36	700m	10:43.13	47,21	1050m	16:12.12	47,23	1400m	21:46.20	48,10
350m	05:13.85	46,43	750m	11:29.73	46,60	1100m	16:59.64	47,52	1450m	22:33.92	47,72
400m	06:01.00	47,15	800m	12:16.58	46,85	1150m	17:47.42	47,78			

12. 1500m vrije slag - Heren

14 - 15 jaar (Junioren 3 en 4)

1. Tristan Kloet (Sg ZOC, 200200063)

18:42.62(+77)

50m	00:31.17	31,17	450m	05:27.64	38,11	800m	09:52.51	38,11	1150m	14:20.35	38,69
100m	01:06.41	35,24	500m	06:05.39	37,75	850m	10:30.33	37,82	1200m	14:58.53	38,18
150m	01:42.97	36,56	550m	06:42.82	37,43	900m	11:08.74	38,41	1250m	15:36.38	37,85
200m	02:19.94	36,97	600m	07:20.93	38,11	950m	11:46.47	37,73	1300m	16:14.97	38,59
250m	02:57.14	37,20	650m	07:58.75	37,82	1000m	12:24.78	38,31	1350m	16:52.63	37,66
300m	03:34.30	37,16	700m	08:36.68	37,93	1050m	13:03.25	38,47	1400m	17:30.65	38,02
350m	04:11.88	37,58	750m	09:14.40	37,72	1100m	13:41.66	38,41	1450m	18:07.85	37,20
400m	04:49.53	37,65	800m	09:52.51	38,11	1150m	14:20.35	38,69			

2. Freek Gabriels (TRB-RES, 200301407)

18:48.47(+73)

50m	00:31.72	31,72	450m	05:30.47	38,75	800m	09:59.15	38,49	1150m	14:27.92	38,58
100m	01:07.10	35,38	500m	06:08.83	38,36	850m	10:37.31	38,16	1200m	15:06.34	38,42
150m	01:44.03	36,93	550m	06:47.51	38,68	900m	11:15.64	38,33	1250m	15:44.62	38,28
200m	02:21.14	37,11	600m	07:26.26	38,75	950m	11:53.57	37,93	1300m	16:22.46	37,84
250m	02:58.45	37,31	650m	08:04.35	38,09	1000m	12:32.12	38,55	1350m	16:59.94	37,48
300m	03:36.36	37,91	700m	08:42.49	38,14	1050m	13:10.71	38,59	1400m	17:37.87	37,93
350m	04:13.54	37,18	750m	09:20.66	38,17	1100m	13:49.34	38,63	1450m	18:14.89	37,02
400m	04:51.72	38,18	800m	09:59.15	38,49	1150m	14:27.92	38,58			

3. Gijs de Pooter (De Schelde, 200301113)

19:55.07(+49)

50m	00:35.97	35,97	450m	05:53.57	40,14	800m	10:35.97	40,47	1150m	15:18.68	40,15
100m	01:15.11	39,14	500m	06:34.02	40,45	850m	11:15.63	39,66	1200m	15:59.24	40,56
150m	01:54.51	39,40	550m	07:14.51	40,49	900m	11:55.30	39,67	1250m	16:39.00	39,76
200m	02:33.78	39,27	600m	07:54.41	39,90	950m	12:35.83	40,53	1300m	17:19.77	40,77
250m	03:13.37	39,59	650m	08:34.88	40,47	1000m	13:16.66	40,83	1350m	18:00.77	41,00
300m	03:53.59	40,22	700m	09:15.25	40,37	1050m	13:57.69	41,03	1400m	18:39.81	39,04
350m	04:33.41	39,82	750m	09:55.50	40,25	1100m	14:38.53	40,84	1450m	19:18.89	39,08
400m	05:13.43	40,02	800m	10:35.97	40,47	1150m	15:18.68	40,15			

4. Kyan Levens (TRB-RES, 200202869)

21:20.94(+78)

50m	00:35.12	35,12	450m	06:10.78	43,36	800m	11:16.25	42,93	1150m	16:20.56	43,74
100m	01:14.47	39,35	500m	06:54.23	43,45	850m	11:59.68	43,43	1200m	17:04.08	43,52
150m	01:55.23	40,76	550m	07:38.03	43,80	900m	12:43.05	43,37	1250m	17:48.24	44,16
200m	02:36.64	41,41	600m	08:21.72	43,69	950m	13:26.75	43,70	1300m	18:31.65	43,41
250m	03:19.03	42,39	650m	09:05.82	44,10	1000m	14:09.83	43,08	1350m	19:16.11	44,46
300m	04:01.35	42,32	700m	09:49.66	43,84	1050m	14:53.18	43,35	1400m	19:59.26	43,15
350m	04:44.35	43,00	750m	10:33.32	43,66	1100m	15:36.82	43,64	1450m	20:41.51	42,25
400m	05:27.42	43,07	800m	11:16.25	42,93	1150m	16:20.56	43,74			

BM. Sem Bonte (Z & PC De Zeeuwse Kust, 200400427)

BM

50m	00:33.71	33,71	450m	06:02.60	41,92	800m	10:54.64	41,81	1150m	15:47.13	41,74
100m	01:12.39	38,68	500m	06:44.17	41,57	850m	11:36.58	41,94	1200m	16:29.38	42,25
150m	01:53.41	41,02	550m	07:25.78	41,61	900m	12:17.33	40,75	1250m	17:12.13	42,75
200m	02:34.15	40,74	600m	08:07.64	41,86	950m	12:59.34	42,01	1300m	17:53.55	41,42
250m	03:15.84	41,69	650m	08:48.97	41,33	1000m	13:41.18	41,84	1350m	18:35.62	42,07
300m	03:57.66	41,82	700m	09:30.86	41,89	1050m	14:23.14	41,96	1400m	19:17.64	42,02
350m	04:39.14	41,48	750m	10:12.83	41,97	1100m	15:05.39	42,25	1450m	19:58.17	40,53
400m	05:20.68	41,54	800m	10:54.64	41,81	1150m	15:47.13	41,74			

16 - 17 jaar (Jeugd 1 en 2)

1. Chiel de Pooter (De Schelde, 200101355)							17:50.45(+77)
50m 00:29.59 29,59	450m 05:12.77 36,35	800m 09:29.22 36,25	1150m 13:41.51 35,70				
100m 01:03.26 33,67	500m 05:49.56 36,79	850m 10:05.54 36,32	1200m 14:17.50 35,99				
150m 01:37.88 34,62	550m 06:26.10 36,54	900m 10:41.65 36,11	1250m 14:53.59 36,09				
200m 02:13.17 35,29	600m 07:03.05 36,95	950m 11:17.79 36,14	1300m 15:30.22 36,63				
250m 02:48.60 35,43	650m 07:39.48 36,43	1000m 11:53.94 36,15	1350m 16:06.84 36,62				
300m 03:24.37 35,77	700m 08:16.15 36,67	1050m 12:30.00 36,06	1400m 16:42.91 36,07				
350m 04:00.04 35,67	750m 08:52.97 36,82	1100m 13:05.81 35,81	1450m 17:17.53 34,62				
400m 04:36.42 36,38	800m 09:29.22 36,25	1150m 13:41.51 35,70					

2. Casper Bolkenbaas (TRB-RES, 200002591)							17:50.64(+75)
50m 00:29.82 29,82	450m 05:11.53 36,27	800m 09:26.42 36,70	1150m 13:40.84 36,04				
100m 01:02.77 32,95	500m 05:47.69 36,16	850m 10:03.01 36,59	1200m 14:17.02 36,18				
150m 01:37.31 34,54	550m 06:24.00 36,31	900m 10:39.57 36,56	1250m 14:53.32 36,30				
200m 02:12.42 35,11	600m 07:00.39 36,39	950m 11:15.99 36,42	1300m 15:30.04 36,72				
250m 02:47.79 35,37	650m 07:36.70 36,31	1000m 11:52.18 36,19	1350m 16:06.55 36,51				
300m 03:23.50 35,71	700m 08:13.05 36,35	1050m 12:28.43 36,25	1400m 16:43.06 36,51				
350m 03:59.14 35,64	750m 08:49.72 36,67	1100m 13:04.80 36,37	1450m 17:18.71 35,65				
400m 04:35.26 36,12	800m 09:26.42 36,70	1150m 13:40.84 36,04					

3. Rinke Hiel (Zwemclub Koewacht, 200102131)							18:01.56(+77)
50m 00:31.02 31,02	450m 05:21.69 36,21	800m 09:37.78 36,68	1150m 13:53.47 36,56				
100m 01:07.32 36,30	500m 05:58.87 37,18	850m 10:14.29 36,51	1200m 14:30.51 37,04				
150m 01:43.88 36,56	550m 06:35.19 36,32	900m 10:50.89 36,60	1250m 15:06.42 35,91				
200m 02:20.55 36,67	600m 07:10.91 35,72	950m 11:27.61 36,72	1300m 15:42.73 36,31				
250m 02:56.96 36,41	650m 07:48.02 37,11	1000m 12:03.51 35,90	1350m 16:18.31 35,58				
300m 03:33.23 36,27	700m 08:24.84 36,82	1050m 12:40.56 37,05	1400m 16:53.80 35,49				
350m 04:09.07 35,84	750m 09:01.10 36,26	1100m 13:16.91 36,35	1450m 17:28.64 34,84				
400m 04:45.48 36,41	800m 09:37.78 36,68	1150m 13:53.47 36,56					

vanaf 18 jaar (Senioren 1 en ouder)

1. Vincent Dermaux (AquaDream, 199600599)							17:50.36(+70)
50m 00:29.81 29,81	450m 05:11.57 36,40	800m 09:26.59 36,57	1150m 13:41.21 35,63				
100m 01:03.48 33,67	500m 05:47.80 36,23	850m 10:03.12 36,53	1200m 14:18.06 36,85				
150m 01:38.03 34,55	550m 06:24.00 36,20	900m 10:39.69 36,57	1250m 14:53.97 35,91				
200m 02:12.85 34,82	600m 07:00.74 36,74	950m 11:16.32 36,63	1300m 15:30.66 36,69				
250m 02:48.05 35,20	650m 07:37.07 36,33	1000m 11:52.49 36,17	1350m 16:07.40 36,74				
300m 03:23.53 35,48	700m 08:13.40 36,33	1050m 12:28.76 36,27	1400m 16:43.19 35,79				
350m 03:59.05 35,52	750m 08:50.02 36,62	1100m 13:05.58 36,82	1450m 17:19.18 35,99				
400m 04:35.17 36,12	800m 09:26.59 36,57	1150m 13:41.21 35,63					

2. Bob de Vries (Aquapoldro, 196601101)							18:41.99(+81)
50m 00:31.17 31,17	450m 05:24.67 37,38	800m 09:48.63 38,06	1150m 14:16.37 38,56				
100m 01:07.14 35,97	500m 06:01.74 37,07	850m 10:26.77 38,14	1200m 14:54.57 38,20				
150m 01:43.95 36,81	550m 06:39.13 37,39	900m 11:04.86 38,09	1250m 15:32.62 38,05				
200m 02:20.66 36,71	600m 07:16.99 37,86	950m 11:43.14 38,28	1300m 16:11.36 38,74				
250m 02:57.12 36,46	650m 07:54.73 37,74	1000m 12:21.52 38,38	1350m 16:49.58 38,22				
300m 03:33.75 36,63	700m 08:33.01 38,28	1050m 12:59.66 38,14	1400m 17:28.29 38,71				
350m 04:10.22 36,47	750m 09:10.57 37,56	1100m 13:37.81 38,15	1450m 18:05.03 36,74				
400m 04:47.29 37,07	800m 09:48.63 38,06	1150m 14:16.37 38,56					

3. Jordi van Akkeren (Hieronymus, 199604705)							19:29.45(+88)
50m 00:33.89 33,89	450m 05:41.10 39,22	800m 10:16.29 39,36	1150m 14:53.81 39,19				
100m 01:10.81 36,92	500m 06:20.76 39,66	850m 10:55.97 39,68	1200m 15:33.82 40,01				
150m 01:48.74 37,93	550m 06:59.76 39,00	900m 11:35.76 39,79	1250m 16:13.65 39,83				
200m 02:26.98 38,24	600m 07:38.89 39,13	950m 12:14.94 39,18	1300m 16:53.88 40,23				
250m 03:05.37 38,39	650m 08:18.43 39,54	1000m 12:54.42 39,48	1350m 17:33.32 39,44				
300m 03:43.87 38,50	700m 08:57.82 39,39	1050m 13:34.49 40,07	1400m 18:12.93 39,61				
350m 04:22.70 38,83	750m 09:36.93 39,11	1100m 14:14.62 40,13	1450m 18:52.39 39,46				
400m 05:01.88 39,18	800m 10:16.29 39,36	1150m 14:53.81 39,19					

4. Peter Claes (De Schelde, 196701669)							20:31.46(+98)
50m 00:35.17 35,17	450m 06:02.95 41,42	800m 10:52.44 41,43	1150m 15:44.25 41,75				
100m 01:15.04 39,87	500m 06:44.03 41,08	850m 11:34.41 41,97	1200m 16:25.31 41,06				
150m 01:55.44 40,40	550m 07:25.99 41,96	900m 12:15.91 41,50	1250m 17:07.22 41,91				
200m 02:36.31 40,87	600m 08:07.25 41,26	950m 12:57.49 41,58	1300m 17:48.82 41,60				
250m 03:17.55 41,24	650m 08:48.03 40,78	1000m 13:39.58 42,09	1350m 18:30.34 41,52				

300m	03:59.10	41,55	700m	09:29.49	41,46	1050m	14:21.16	41,58	1400m	19:11.48	41,14
350m	04:40.63	41,53	750m	10:11.01	41,52	1100m	15:02.50	41,34	1450m	19:52.50	41,02
400m	05:21.53	40,90	800m	10:52.44	41,43	1150m	15:44.25	41,75			

5. Matthijs Ruitenbeek (Zwemclub Koewacht, 197201615)

24:32.45(+115)

50m	00:40.37	40,37	450m	07:12.78	49,04	800m	12:59.90	49,61	1150m	18:47.08	50,17
100m	01:27.45	47,08	500m	08:02.22	49,44	850m	13:49.93	50,03	1200m	19:37.14	50,06
150m	02:15.94	48,49	550m	08:52.08	49,86	900m	14:39.47	49,54	1250m	20:26.77	49,63
200m	03:05.63	49,69	600m	09:41.06	48,98	950m	15:27.97	48,50	1300m	21:16.56	49,79
250m	03:55.33	49,70	650m	10:31.20	50,14	1000m	16:17.30	49,33	1350m	22:06.91	50,35
300m	04:44.58	49,25	700m	11:21.14	49,94	1050m	17:06.69	49,39	1400m	22:56.09	49,18
350m	05:34.23	49,65	750m	12:10.29	49,15	1100m	17:56.91	50,22	1450m	23:45.39	49,30
400m	06:23.74	49,51	800m	12:59.90	49,61	1150m	18:47.08	50,17			