

# Limiet wedstrijd LB



OZ&PC De Warande  
Oosterhout 10-3-2019

## Limiet wedstrijd LB - zondag 10 maart 2019 (50 m)

### 1. 400m vrije slag - Heren

*vanaf 11 jaar (Senioren Open)*

1. Bas Takken (De Dolfijn, 199901643) [S10]	04:19.24
100m 00:59.44 59,44 200m 02:05.08 65,64 300m 03:13.09 68,01	
2. Thijn Damen (De Warande, 200300973)	04:36.05
100m 01:02.21 62,21 200m 02:13.40 71,19 300m 03:25.68 72,28	
3. Maikel van der Linden (Zwemsport Parkstad, 200003797)	04:36.49
100m 01:05.61 65,61 200m 02:16.59 70,98 300m 03:27.64 71,05	
4. Bram Daalman (ZV Haerlem, 200300629) [S14]	04:41.51
100m 01:05.06 65,06 200m 02:16.38 71,32 300m 03:29.48 73,10	
5. Bram Verkuijlen (Psv, 200401381)	04:46.11
100m 01:06.23 66,23 200m 02:18.77 72,54 300m 03:33.66 74,89	
6. Faissal Laghrich (Kon. AZ 1870, 200301885)	05:07.44
100m 01:08.24 68,24 200m 02:26.15 77,91 300m 03:46.24 80,09	
7. Arne-Willem Kroonen (Zwemsport Parkstad, 198401297)	05:13.80
100m 01:11.66 71,66 200m 02:30.39 78,73 300m 03:52.99 82,60	
8. Dave Rook (Kon. AZ 1870, 200204355)	05:20.19
100m 01:12.26 72,26 200m 02:34.24 81,98 300m 03:58.01 83,77	
9. Giljano Palm (Kon. AZ 1870, 200403637)	05:39.39
100m 01:11.92 71,92 200m 02:37.12 85,20 300m 04:07.89 90,77	
10. Mike IJpelaar (De Warande, 200404397)	06:29.92
100m 01:26.39 86,39 200m 03:08.73 102,34 300m 04:53.84 105,11	

### 2. 400m vrije slag - Dames

*vanaf 11 jaar (Senioren Open)*

1. Nikita van den Ouden (Z&PV Nueneen, 199900622)	04:52.11
100m 01:05.97 65,97 200m 02:20.11 74,14 300m 03:36.27 76,16	
2. Valesca van den Bogert (Hieronymus, 200102138)	04:54.06
100m 01:10.61 70,61 200m 02:28.00 77,39 300m 03:43.53 75,53	
3. Britt van't Zant (Feijenoord Albion, 200501170)	05:00.80
100m 01:10.52 70,52 200m 02:27.24 76,72 300m 03:45.42 78,18	
4. Sanne Vermeulen (The Hague Swimming (sg), 200303902)	05:01.06
100m 01:07.97 67,97 200m 02:24.87 76,90 300m 03:43.59 78,72	
5. Liesette Bruinsma (HZ&PC Heerenveen, 200004346) [S11]	05:08.76
100m 01:12.15 72,15 200m 02:30.74 78,59 300m 03:49.52 78,78	
6. Kyanie Blom (Zwemsport Parkstad, 200301866)	05:10.29
100m 01:12.23 72,23 200m 02:31.29 79,06 300m 03:51.20 79,91	
7. Aisha Nobels (Feijenoord Albion, 200501710)	05:14.41
100m 01:15.29 75,29 200m 02:36.64 81,35 300m 03:57.08 80,44	
8. Tessa Roovers (De Schelde, 200405206)	05:18.74
100m 01:14.48 74,48 200m 02:34.81 80,33 300m 03:57.10 82,29	
9. Eline van der Meer (Vzc, 200405014)	05:20.48
100m 01:14.83 74,83 200m 02:36.35 81,52 300m 03:58.67 82,32	

10. Gwen Eygendaal (De Warande, 200404680)	100m 01:13.92 73,92	200m 02:35.97 82,05	300m 03:59.24 83,27	05:21.51
11. Indy van Laarhoven (De Warande, 200500710)	100m 01:13.00 73,00	200m 02:31.72 78,72		05:26.40
12. Manon Kooij (Vzc, 200602142)	100m 01:19.37 79,37	200m 02:44.44 85,07	300m 04:12.39 87,95	05:33.21
13. Rebecca van Lier (Vzc, 200602612)	100m 01:18.87 78,87	200m 02:44.79 85,92	300m 04:09.25 84,46	05:34.13
14. Noa Ottens (Vzc, 200702256)	100m 01:18.19 78,19	200m 02:48.22 90,03	300m 04:17.04 88,82	05:39.60
15. Floortje van Schaik (Kon. AZ 1870, 200602294)	100m 01:17.45 77,45	200m 02:43.58 86,13	300m 04:13.43 89,85	05:40.10
16. Roos Suppers (De Biesboschwimmers, 200500070)	100m 01:21.98 81,98	200m 02:53.02 91,04	300m 04:25.99 92,97	05:53.60
17. Elsemieke Koot (De Warande, 200404014)	100m 01:24.39 84,39	200m 02:56.29 91,90	300m 04:28.76 92,47	05:56.42
18. Maaïke van Heeswijk (De Warande, 200500472)	100m 01:20.02 80,02	200m 02:50.42 90,40	300m 04:24.00 93,58	05:56.52
19. Vera van der Meer (Vzc, 200701508)	100m 01:23.38 83,38	200m 02:55.76 92,38	300m 04:28.32 92,56	05:57.53
20. Jasmijn Goos (De Warande, 200604028)	100m 01:29.29 89,29	200m 03:07.44 98,15	300m 04:44.49 97,05	06:13.65
21. Linda Goderie (Rotterdam Swimming, 196900976)	100m 01:25.81 85,81	200m 03:03.37 97,56	300m 04:41.69 98,32	06:18.21
22. Margonda Versluis (De Biesboschwimmers, 200400338)	100m 01:30.52 90,52	200m 03:06.94 96,42	300m 04:45.92 98,98	06:24.06
23. Meike de Waard (De Warande, 200702380)	100m 01:30.18 90,18	200m 03:09.91 99,73	300m 04:52.50 102,59	06:33.22
24. Anouk Engelen (V.Z.V. Njord, 200303088)	100m 01:27.38 87,38	200m 03:10.59 103,21	300m 04:56.60 106,01	06:43.88
25. Aurelie Koster (De Warande, 200702134)	100m 01:32.94 92,94	200m 03:17.09 104,15	300m 05:03.54 106,45	06:44.83
26. Guusje van de Rovaart (De Warande, 200405578)	100m 01:35.63 95,63	200m 03:25.25 109,62	300m 05:13.77 108,52	06:57.38
27. Hailey Snoeren (De Warande, 200603724)	100m 01:35.05 95,05	200m 03:24.19 109,14	300m 05:14.39 110,20	07:00.86
28. Annelieke Verriet (V.Z.V. Njord, 200300552)	100m 01:36.43 96,43	200m 03:26.48 110,05	300m 05:17.33 110,85	07:03.99
DIS. Noor Vermeer (Sbc2000, 200600752)				00:00.00
3. 100m schoolslag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Thomas de Lange (WS Twente, 199701475)	50m 00:30.26 30,26			01:05.80
2. Lucas Greven (Hellas-Glana, 199501941)	50m 00:31.31 31,31			01:07.11
3. Dave van den Nieuwendijk (De Columbiaan, 200100475)	50m 00:32.94 32,94			01:09.95
4. Marc Evers (ZV Haerlem, 199107425) [SB14]	50m 00:33.00 33,00			01:10.17

5. Ian Sanders (Hellas-Glana, 200100373) 50m 00:33.21 33,21	01:11.07
6. Max Peters (Dommelbaarzen, 199903123) 50m 00:33.63 33,63	01:12.78
7. Rogier Dorsman (ZZ&PC De Devel, 199900211) [SB12] 50m 00:34.43 34,43	01:13.43
8. Richard van der Horst (ZV De Meer, 199700179) 50m 00:34.85 34,85	01:13.60
9. Tim van Duuren (Widex Gzc Donk, 199802255) [SB8] 50m 00:34.34 34,34	01:13.79
10. Remy Vane (Z & PC De Zeeuwse Kust, 200202063) 50m 00:35.43 35,43	01:15.71
11. Martino Valentijn (Z & Pc Dio, 199403913) 50m 00:35.51 35,51	01:16.84
12. Mel van Gemert (Psv, 200300323) 50m 00:35.43 35,43	01:16.87
13. Omar Markovinovic (The Hague Swimming (sg), 200304877) 50m 00:37.45 37,45	01:19.45
14. Freddie Geerlings (Zwemsport Parkstad, 197900379) 50m 00:38.73 38,73	01:19.79
15. Maurits van Bommel (Kon. AZ 1870, 200401089) 50m 00:38.26 38,26	01:21.31
16. Jep van Gemeren (Arethusa, 200201455) 50m 00:37.98 37,98	01:22.32
17. Joshua Bijvank (Z & PC De Zeeuwse Kust, 200401225) 50m 00:40.36 40,36	01:26.01
18. Alrik van Eeghem (Hellas-Glana, 200600471) 50m 00:42.45 42,45	01:28.04
19. Sjoerd van der Wilt (Vzc, 200501447) 50m 00:41.92 41,92	01:28.55
20. Jacques Verriet (V.Z.V. Njord, 197001039) 50m 00:41.48 41,48	01:28.89
21. Tim van den Heuvel (ZV De Meer, 200400825) 50m 00:41.55 41,55	01:29.09
22. Maxime Koops (Zwemsport Parkstad, 200600831) 50m 00:41.26 41,26	01:29.68
23. Lasse Schrieken (Vzc, 200503145) 50m 00:43.05 43,05	01:31.86
24. Niek van Leeuwenkamp (De Duinkickers, 200600443) 50m 00:43.81 43,81	01:33.06
25. Mart van Leeuwenkamp (De Duinkickers, 200404345) 50m 00:43.88 43,88	01:33.72
26. Peer Bergman (Vzc, 200503223) 50m 00:45.45 45,45	01:35.19
27. Thom Keukens (V.Z.V. Njord, 200700415) 50m 00:46.34 46,34	01:39.14
28. Simon Roosen (V.Z.V. Njord, 200500775) 50m 00:50.58 50,58	01:48.91

#### 4. 100m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Femke Spiering (Knzb - Oc, 200204514) 50m 00:28.04 28,04	00:57.89
2. Elise Tanis (Knzb - Oc, 200200120) 50m 00:28.60 28,60	00:58.92
3. Nienke Jonk (Knzb - Oc, 200203000) 50m 00:28.49 28,49	00:59.16
4. Josse Bergman (Vzc, 200305146) 50m 00:29.27 29,27	01:01.51
5. Kirsten Verhalle (Vzc, 200400210) 50m 00:29.88 29,88	01:01.90
6. Tessa Loos (AquaDream, 200200608) 50m 00:29.55 29,55	01:02.51
7. Marlinde Beukers (Wvz, 200101934) 50m 00:29.83 29,83	01:02.92
8. Imke Beekman (Hellas-Glana, 200301950) 50m 00:30.31 30,31	01:03.02
9. Kim Rebergen (Hellas-Glana, 200100676) 50m 00:30.47 30,47	01:03.87
10. Myra Smulders (Zwemvereniging Hoogland, 199904308) 50m 00:30.47 30,47	01:03.90
11. Ilona Venema (ReVeLie Swim Team, 200200050) 50m 00:30.51 30,51	01:04.25
12. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14] 50m 00:30.36 30,36	01:04.28
13. Britt Cornelissens (Hellas-Glana, 200000632) 50m 00:29.79 29,79	01:04.35
14. Janice Provoost (Z & PC De Zeeuwse Kust, 200303076) 50m 00:31.38 31,38	01:04.87
15. Inge van der Hoek (The Hague Swimming (sg), 199204034) 50m 00:31.42 31,42	01:05.11
16. Marbel Diderik (De Columbiaan, 200205752) 50m 00:31.06 31,06	01:05.91
17. Solenn Hoeben (Hellas-Glana, 200303606) 50m 00:31.65 31,65	01:06.47
18. Hylcke de Beer (Zwemsport Parkstad, 200700006) 50m 00:31.75 31,75	01:06.65
19. Kayley Mc Ateer (Z&PV Nuenen, 200305000) 50m 00:33.29 33,29	01:06.78
20. Juline van Meeteren (ZV De Meer, 200300406) 50m 00:32.40 32,40	01:08.04
21. Félinn van Lienden (Hieronymus, 200602038) 50m 00:32.61 32,61	01:08.17
22. Tess Bemer (De Duinkickers, 200600450) 50m 00:31.75 31,75	01:08.19
23. Liesette Bruinsma (HZ&PC Heerenveen, 200004346) [S11] 50m 00:32.99 32,99	01:08.26
24. Danila van den Hoogenband (Z&PV Nuenen, 199001558) 50m 00:33.16 33,16	01:08.27

25. Lorena Dreschers (Hellas-Glana, 200401364)	01:08.33
50m 00:32.99 32,99	
26. Isa Coenen (Hellas-Glana, 200300704)	01:09.61
50m 00:33.25 33,25	
27. Sofie Sterk (Kon. AZ 1870, 200302972)	01:09.66
50m 00:33.20 33,20	
28. Tess Panjer (Vzc, 200403060)	01:09.72
50m 00:33.99 33,99	
29. Merel van den Heuvel (ZV De Meer, 200201784)	01:10.76
50m 00:33.24 33,24	
30. Angela Whitney (De Duinkickers, 200700002)	01:10.94
50m 00:33.09 33,09	
31. Suze Creemers (Hellas-Glana, 200700738)	01:11.22
50m 00:33.68 33,68	
32. Renske Meulenbeld (ZV De Meer, 200300980)	01:11.44
50m 00:33.10 33,10	
33. Zuzanna Kowalczyk (SG Bommelerwaard, 200503860)	01:11.71
50m 00:34.61 34,61	
34. Ymke van Dongen (De Warande, 200202662)	01:13.61
50m 00:34.99 34,99	
35. Tamar Roosen (V.Z.V. Njord, 200501168)	01:13.76
50m 00:35.68 35,68	
36. Maud Sutin (De Schelde, 200700230)	01:13.88
50m 00:34.65 34,65	
37. Isabella Grijseels (Kon. AZ 1870, 200502678)	01:14.35
50m 00:35.52 35,52	
38. Lise Urlings (Hellas-Glana, 200601920)	01:15.63
50m 00:35.70 35,70	
39. Sam Albicher (De Schelde, 200600936)	01:16.08
50m 00:35.74 35,74	
40. Sophie Adriaanse (De Columbiaan, 200701066)	01:16.31
50m 00:36.57 36,57	
41. Ilse van Hal (V.Z.V. Njord, 200404374)	01:16.83
50m 00:37.09 37,09	
42. Esmee Vranken (Zwemsport Parkstad, 200602548)	01:17.35
50m 00:36.02 36,02	
43. Evy Krempel (De Warande, 200600578)	01:17.69
50m 00:36.81 36,81	
44. Frédérique van Laarhoven (De Treffers, 200500956)	01:17.99
50m 00:34.55 34,55	
45. Madeleine Snijder (De Treffers, 200604704)	01:18.60
50m 00:35.31 35,31	
46. Yara Besselink (De Warande, 200700128)	01:24.20
50m 00:37.95 37,95	
47. Emmelien Bloemers (De Treffers, 200703328)	01:24.87
50m 00:37.22 37,22	
48. Femke van de Koeving (De Treffers, 200603790)	01:25.11
50m 00:38.82 38,82	
49. Indira Tankink (De Warande, 200702734)	01:35.21
50m 00:44.31 44,31	

5. 50m rugslag - Heren

*vanaf 11 jaar (Senioren Open)*

1. Berjen Mellema (Knzb - Oc, 199800615)	00:29.47
2. Marc Evers (ZV Haerlem, 199107425) [S14]	00:30.45
2. Alan Smeets (Zwemsport Parkstad, 198402089)	00:30.45
4. Joop Tuppe (SG Bommelerwaard, 200100581)	00:30.62
5. Pascal Faasse (De Schelde, 200301923)	00:31.05
6. Rico Keizer (Ndd, 199903491)	00:31.96
7. Nick Hendrickx (ReSet (SG), 200401025)	00:32.60
8. Bas Spijkers (Zwemsport Parkstad, 200300529)	00:32.92
9. Jelle in 't Veld (SG Bommelerwaard, 200400073)	00:34.11
10. Dion Potters (Hieronymus, 200601981)	00:37.44
11. Stan Houtvast (Hellas-Glana, 200500883)	00:38.07
12. Lars Keukens (V.Z.V. Njord, 200501135)	00:38.55
13. Hannes Loos (Hieronymus, 200603793)	00:39.13
14. Yasin Hjjir (Zwemsport Parkstad, 200701883)	00:43.81
15. Berend van der Schrier (Hieronymus, 200601915)	00:45.28

6. 50m vrije slag - Dames

*vanaf 11 jaar (Senioren Open)*

1. Indy Jongman (Knzb - Oc, 200100528)	00:27.32
2. Judith Houtvast (Hellas-Glana, 200300714)	00:27.88
3. Britt Cornelissens (Hellas-Glana, 200000632)	00:28.28
4. Carlijn Hansté (WS Twente, 200201082)	00:28.73
5. Kim Vriens (Hieronymus, 200401166)	00:29.48
6. Aniek van de Weerd (Vzc, 200404136)	00:29.58
7. Britt Bogers (Z&PV Nuenen, 199905072)	00:30.50
8. Lynn Meijers (Hellas-Glana, 199803732)	00:30.65
9. Evy van Laarhoven (De Warande, 200500712)	00:30.86
10. Celine Besselink (De Warande, 200400340)	00:31.38
11. Isabella Castelijns (Hieronymus, 200105962)	00:31.42
12. Merel van den Heuvel (ZV De Meer, 200201784)	00:31.49
13. Rosa Kremers (Trb/Res, 200701224)	00:32.29
14. Sarah Berger (Zwemsport Parkstad, 200402272)	00:32.43
15. Lieke Konings (Hieronymus, 200501938)	00:32.46
16. Sophie Kremers (Trb/Res, 200304760)	00:32.61
16. Veerle Fisscher (Zwemsport Parkstad, 200404068)	00:32.61
18. Bo Peeters (Z & PC De Zeeuwse Kust, 200700828)	00:32.82
19. Nadia Armani (Zwemsport Parkstad, 200305598)	00:32.84
20. Zoë de Jong (Hieronymus, 200501092)	00:32.86

21. Renske Meulenbeld (ZV De Meer, 200300980)	00:32.97
22. Anne Salomé (Scheldestroom, 200700008)	00:33.54
23. Rhodee van den Ham (De Duinkickers, 200700090)	00:33.55
24. Eva Ophorst (De Duinkickers, 200602272)	00:33.90
25. Isa Jansen (Sbc2000, 200701176)	00:34.10
26. Floor van Dijk (De Biesboschzwemmers, 200504370)	00:34.20
27. Josephine Opdam (Vzc, 200602144)	00:34.50
28. Sam Albicher (De Schelde, 200600936)	00:34.64
29. Raisa Schasfoort (ZV De Meer, 200400294)	00:35.02
30. Kim Jansen (De Treffers, 200601526)	00:35.07
31. Lieke Duijinkerke (Z & PC De Zeeuwse Kust, 200700468) [S10]	00:35.49
32. Suzie Pellis (Hieronymus, 200701600) [S9]	00:36.00
33. Carlijn de Dauw (Sbc2000, 200702386)	00:36.25
34. Madeleine Snijder (De Treffers, 200604704)	00:36.26
35. Meike Wiersma (V.Z.V. Njord, 200703090)	00:37.23
36. Julie van 't Zant (Feijenoord Albion, 200600456)	00:39.13
DIS. Tess Pije (Kon. AZ 1870, 200500576)	00:00.00
7. 200m vrije slag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Lars Verhalle (Vzc, 200200019)	02:02.81
50m 00:29.00 29,00 100m 01:00.66 31,66 150m 01:31.55 30,89	
2. Bas Takken (De Dolfijn, 199901643) [S10]	02:03.27
50m 00:28.65 28,65 100m 00:59.55 30,90 150m 01:31.75 32,20	
3. Sean Niewold (Wvz, 200204699)	02:04.10
50m 00:28.67 28,67 100m 01:00.64 31,97 150m 01:33.70 33,06	
4. David Groenewegen (Psv, 200400469)	02:07.13
50m 00:29.16 29,16 100m 01:02.05 32,89 150m 01:34.68 32,63	
5. Jarno van Oijen (Feijenoord Albion, 200100055)	02:07.22
50m 00:28.34 28,34 100m 01:00.60 32,26 150m 01:33.52 32,92	
6. Klaas van Beek (ZV Haerlem, 198805941)	02:09.29
50m 00:30.13 30,13 100m 01:02.52 32,39 150m 01:36.48 33,96	
7. Rogier Dorsman (ZZ&PC De Devel, 199900211) [S12]	02:12.36
50m 00:29.92 29,92 100m 01:03.95 34,03 150m 01:37.90 33,95	
8. Daan Trinh (Hieronymus, 200401267)	02:16.45
50m 00:30.46 30,46 100m 01:05.60 35,14 150m 01:41.28 35,68	
9. Sven van Eeghem (Hellas-Glana, 200400541)	02:16.50
50m 00:31.07 31,07 100m 01:06.69 35,62 150m 01:43.39 36,70	
10. Joost Schuurmans (Hellas-Glana, 200400543)	02:19.05
50m 00:31.09 31,09 100m 01:05.83 34,74 150m 01:42.90 37,07	
11. Kjell Reumkens (Hellas-Glana, 200401385)	02:32.75
50m 00:32.88 32,88 100m 01:11.44 38,56 150m 01:51.80 40,36	
12. Thijs van Hofweegen (Zpc Amersfoort, 199605253) [S6]	02:35.57
50m 00:33.85 33,85 100m 01:13.11 39,26 150m 01:54.98 41,87	
13. Max van Zeijl (Hieronymus, 200402075)	02:39.48
50m 00:35.52 35,52 100m 01:17.03 41,51 150m 01:59.50 42,47	

14. Tim van den Heuvel (ZV De Meer, 200400825)		02:39.88
50m 00:37.12 37,12	100m 01:18.36 41,24	150m 02:00.37 42,01
15. Hannes Loos (Hieronymus, 200603793)		02:49.54
50m 00:38.74 38,74	100m 01:22.49 43,75	150m 02:07.84 45,35
8. 200m schoolslag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Eelke van Ballegooijen (Vzc, 200100684)		02:44.02
50m 00:37.08 37,08	100m 01:18.51 41,43	150m 02:00.93 42,42
2. Robin Goossens (Z&PV Nuenen, 200003128)		02:47.00
50m 00:37.85 37,85	100m 01:20.34 42,49	150m 02:04.62 44,28
3. Chantal van der Horst (ZV De Meer, 199400616)		02:51.69
50m 00:38.99 38,99	100m 01:21.81 42,82	150m 02:06.80 44,99
4. Maaïke Issard (Vzc, 200300022)		02:52.66
50m 00:39.01 39,01	100m 01:22.53 43,52	150m 02:07.16 44,63
5. Kirsten Verhalle (Vzc, 200400210)		02:54.37
50m 00:39.83 39,83	100m 01:23.54 43,71	150m 02:08.86 45,32
6. Hylcke de Beer (Zwemsport Parkstad, 200700006)		03:08.76
50m 00:41.85 41,85	100m 01:30.78 48,93	150m 02:20.73 49,95
7. Karin Stein (ZV Vlaardingen-Schiedam, 197100554)		03:09.24
50m 00:41.63 41,63	100m 01:29.32 47,69	150m 02:18.90 49,58
8. Nadège van Meeteren (ZV De Meer, 197400736)		03:09.68
50m 00:43.10 43,10	100m 01:31.29 48,19	150m 02:20.75 49,46
9. Charlene Ruiters (De Columbiaan, 200700522)		03:09.79
50m 00:42.11 42,11	100m 01:30.63 48,52	150m 02:20.73 50,10
9. 100m vlinderslag - Heren		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Niels de Boer (Hellas-Glana, 200001977)		00:59.83
50m 00:28.47 28,47		
2. Michael Smink (The Hague Swimming (sg), 200302169)		01:00.16
50m 00:28.17 28,17		
3. Raf Hendriks (Hellas-Glana, 200100879)		01:02.87
50m 00:28.79 28,79		
4. Viktor Koets (De Columbiaan, 200201677)		01:04.13
50m 00:29.21 29,21		
5. Damian Waas (De Warande, 200402285)		01:04.19
50m 00:29.69 29,69		
6. Roderick van Doeselaar (Scheldestroom, 199200261)		01:06.00
50m 00:30.88 30,88		
7. Vincent Dermaux (AquaDream, 199600599)		01:06.10
50m 00:29.76 29,76		
8. Thijm Kruit (De Columbiaan, 200401339)		01:06.18
50m 00:30.55 30,55		
9. Bram Daalman (ZV Haerlem, 200300629) [S14]		01:06.22
50m 00:30.26 30,26		
10. Jesper Pas (V.Z.V. Njord, 200200967)		01:06.26
50m 00:31.16 31,16		
11. Alan Smeets (Zwemsport Parkstad, 198402089)		01:08.51
50m 00:30.09 30,09		
12. Lex Carter (Hellas-Glana, 200001275)		01:12.48
50m 00:33.99 33,99		



13. Lars Minnaert (V.Z.V. Njord, 200502355) 50m 00:33.71 33,71	01:13.23
14. Shawn Klas (Kon. AZ 1870, 200402005) 50m 00:31.96 31,96	01:16.25
15. Maurits van Bommel (Kon. AZ 1870, 200401089) 50m 00:35.79 35,79	01:18.48
16. Sjoerd van der Wilt (Vzc, 200501447) 50m 00:36.59 36,59	01:19.90
17. Arne-Willem Kroonen (Zwemsport Parkstad, 198401297) 50m 00:37.08 37,08	01:21.28
18. Luuk Zijlstra (Scheldestroom, 200401075) 50m 00:36.43 36,43	01:21.78
DIS. Yorick Visser (Z & PC De Zeeuwse Kust, 200301957)	00:00.00
10. 100m rugslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Lieke Oude Lenferink (WS Twente, 200200068) 50m 00:31.47 31,47	01:04.80
2. Elise Tanis (Knczb - Oc, 200200120) 50m 00:32.55 32,55	01:06.55
3. Merel Phaff (Z&PV Nuenen, 200100434) 50m 00:33.80 33,80	01:09.33
4. Aniek van de Weerd (Vzc, 200404136) 50m 00:34.06 34,06	01:09.48
5. Isa Willemsen (SG Bommelerwaard, 199900628) 50m 00:34.30 34,30	01:11.57
6. Julia Notenboom (De Columbiaan, 200302596) 50m 00:35.05 35,05	01:11.73
7. Noor Vermeer (Sbc2000, 200600752) 50m 00:35.28 35,28	01:11.90
8. Anne-Fleur Opdam (Vzc, 200301612) 50m 00:35.64 35,64	01:12.24
9. Demi van Hulst (Zwemsport Parkstad, 200300140) 50m 00:35.64 35,64	01:14.40
10. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14] 50m 00:35.78 35,78	01:14.71
11. Sanne Rebers (Hieronymus, 199902082) 50m 00:37.29 37,29	01:16.88
12. Kimberly Ruiters (De Columbiaan, 200600492) 50m 00:37.88 37,88	01:18.54
13. Suze Creemers (Hellas-Glana, 200700738) 50m 00:38.43 38,43	01:18.92
14. Manon Kooij (Vzc, 200602142) 50m 00:39.87 39,87	01:19.60
15. Britt van't Zant (Feijenoord Albion, 200501170) 50m 00:38.60 38,60	01:20.62
16. Elsemieke Koot (De Warande, 200404014) 50m 00:41.14 41,14	01:23.21
17. Maud Sutin (De Schelde, 200700230) 50m 00:40.82 40,82	01:23.83

18. Renske Meulenbeld (ZV De Meer, 200300980) 50m 00:41.23 41,23	01:24.78
19. Nadia Armani (Zwemsport Parkstad, 200305598) 50m 00:41.99 41,99	01:25.25
20. Bo Peeters (Z & PC De Zeeuwse Kust, 200700828) 50m 00:42.91 42,91	01:29.00
21. Zoë Bulkman (De Warande, 200600746) 50m 00:44.52 44,52	01:29.08
22. Evy Krempel (De Warande, 200600578) 50m 00:43.57 43,57	01:30.16
23. Vera van der Meer (Vzc, 200701508) 50m 00:44.81 44,81	01:31.89
24. Rosalie van Druenen (De Warande, 200305066) [S9] 50m 00:45.20 45,20	01:32.18
25. Suzie Pellis (Hieronymus, 200701600) [S9] 50m 00:44.47 44,47	01:32.80
26. Esmā van der Heijden (Hellas-Glana, 200501264) 50m 00:44.41 44,41	01:33.90
27. Josephine Opdam (Vzc, 200602144) 50m 00:49.08 49,08	01:39.87
11. 50m schoolslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1. Thomas de Lange (WS Twente, 199701475)	00:29.03
2. Max Peters (Dommelbaarzen, 199903123)	00:31.14
3. Rico Keizer (Ndd, 199903491)	00:31.64
4. Dave van den Nieuwendijk (De Columbiaan, 200100475)	00:32.00
5. Junior Vermeulen (De Bevelanders, 200103363)	00:32.87
6. Tim van Duuren (Widex Gzc Donk, 199802255) [SB8]	00:33.43
7. Bart de Bruijn (AquaDream, 200004177)	00:34.37
8. Remy Vane (Z & PC De Zeeuwse Kust, 200202063)	00:34.57
9. Mel van Gemert (Psv, 200300323)	00:34.93
10. Sven van Eeghem (Hellas-Glana, 200400541)	00:34.94
11. Freddie Geerlings (Zwemsport Parkstad, 197900379)	00:35.81
12. Giljano Palm (Kon. AZ 1870, 200403637)	00:35.83
13. Jacques Verriet (V.Z.V. Njord, 197001039)	00:39.61
14. Tim van den Heuvel (ZV De Meer, 200400825)	00:40.10
15. Maxime Koops (Zwemsport Parkstad, 200600831)	00:40.52
16. Alrik van Eeghem (Hellas-Glana, 200600471)	00:41.27
17. Mike Ijpelaar (De Warande, 200404397)	00:43.11
18. Lars Keukens (V.Z.V. Njord, 200501135)	00:44.84
19. Thom Keukens (V.Z.V. Njord, 200700415)	00:46.66
12. 50m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Femke Spiering (Knzb - Oc, 200204514)	00:28.63

2. Nienke Jonk (Kncz - Oc, 200203000)	00:28.92
3. Judith Houtvast (Hellas-Glana, 200300714)	00:29.50
4. Valesca van den Bogert (Hieronymus, 200102138)	00:30.66
5. Babet de Voogd (Z & PC De Zeeuwse Kust, 200301362)	00:31.31
6. Ilona Venema (ReVeLie Swim Team, 200200050)	00:31.63
7. Hylcke de Beer (Zwemsport Parkstad, 200700006)	00:31.68
8. Kayley Mc Ateer (Z&PV Nuenen, 200305000)	00:32.27
9. Evy van Laarhoven (De Warande, 200500712)	00:32.77
10. Britt Bogers (Z&PV Nuenen, 199905072)	00:32.93
11. Florianne Bultje (Dwt, 199804342) [S10]	00:32.98
12. Kim Rebergen (Hellas-Glana, 200100676)	00:32.99
13. Evica Klok (Vzc, 200501828)	00:33.09
14. Kim Vriens (Hieronymus, 200401166)	00:33.23
15. Imke Beekman (Hellas-Glana, 200301950)	00:33.50
16. Myra Smulders (Zwemvereniging Hoogland, 199904308)	00:33.69
17. Kyanie Blom (Zwemsport Parkstad, 200301866)	00:33.91
18. Marbel Diderik (De Columbiaan, 200205752)	00:33.99
19. Lorena Dreschers (Hellas-Glana, 200401364)	00:34.34
20. Isabella Castelijns (Hieronymus, 200105962)	00:34.62
21. Merel van den Heuvel (ZV De Meer, 200201784)	00:35.58
22. Sanne Vermeulen (The Hague Swimming (sg), 200303902)	00:35.80
23. Tess Pije (Kon. AZ 1870, 200500576)	00:35.96
24. Félinn van Lienden (Hieronymus, 200602038)	00:36.20
25. Isa Coenen (Hellas-Glana, 200300704)	00:37.40
25. Bianca Hertogh - Buijsse (Scheldestroom, 197400910)	00:37.40
27. Zoë de Jong (Hieronymus, 200501092)	00:37.45
28. Inge Hertogh (Scheldestroom, 200101052)	00:37.56
29. Floortje van Schaik (Kon. AZ 1870, 200602294)	00:37.89
30. Ilse van Hal (V.Z.V. Njord, 200404374)	00:37.93
31. Esmee van Strien (De Warande, 200404142)	00:38.01
32. Floor van Dijk (De Biesboschzwemmers, 200504370)	00:38.44
33. Noor Frijlink (De Columbiaan, 200500970)	00:38.68
34. Raisa Schasfoort (ZV De Meer, 200400294)	00:38.93
35. Sam Albicher (De Schelde, 200600936)	00:39.60
36. Jasmijn Goos (De Warande, 200604028)	00:40.15
37. Frédérique van Laarhoven (De Treffers, 200500956)	00:41.14
38. Lise Urlings (Hellas-Glana, 200601920)	00:41.44
39. Danique Cuelenaere (Z & PC De Zeeuwse Kust, 200400690)	00:42.16

40. Margonda Versluis (De Biesboschzwemmers, 200400338)	00:43.53
41. Rosalie van der Bijl (Hieronymus, 200701644)	00:43.64
42. Rosalie van Druenen (De Warande, 200305066) [S9]	00:44.78
43. Emmelien Bloemers (De Treffers, 200703328)	00:45.37
44. Annelieke Verriet (V.Z.V. Njord, 200300552)	00:45.98
45. Kim Jansen (De Treffers, 200601526)	00:47.46
46. Anouk Engelen (V.Z.V. Njord, 200303088)	00:48.10
47. Axelle Van Laarhoven (De Treffers, 200700270)	00:48.24
48. Aurelie Koster (De Warande, 200702134)	00:48.57
DIS. Esmee Vranken (Zwemsport Parkstad, 200602548)	00:39.34
<b>13. 200m wisselslag - Heren</b>	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Lars Verhalle (Vzc, 200200019)	02:13.83
50m 00:27.83 27,83 100m 01:02.39 34,56 150m 01:42.16 39,77	
2. Thomas van Wanrooij (Poseidon'56, 200201473) [S13]	02:21.46
50m 00:29.59 29,59 100m 01:05.06 35,47 150m 01:48.37 43,31	
3. Joop Tuppe (SG Bommelerwaard, 200100581)	02:25.85
50m 00:30.06 30,06 100m 01:06.41 36,35 150m 01:51.94 45,53	
4. Bram Verkuijlen (Psv, 200401381)	02:28.40
50m 00:33.39 33,39 100m 01:08.88 35,49 150m 01:56.23 47,35	
5. Richard van der Horst (ZV De Meer, 199700179)	02:28.52
50m 00:32.46 32,46 100m 01:13.90 41,44 150m 01:53.88 39,98	
6. Omar Markovinovic (The Hague Swimming (sg), 200304877)	02:31.69
50m 00:30.96 30,96 100m 01:12.71 41,75 150m 01:57.27 44,56	
7. Ward in 't Veld (SG Bommelerwaard, 200200511)	02:32.14
50m 00:31.42 31,42 100m 01:11.70 40,28 150m 01:56.97 45,27	
8. Sigsten Jonkman (Z & PC De Zeeuwse Kust, 200500523)	02:33.19
50m 00:32.09 32,09 100m 01:11.10 39,01 150m 01:59.20 48,10	
9. Lars Minnaert (V.Z.V. Njord, 200502355)	02:37.40
50m 00:33.28 33,28 100m 01:13.31 40,03 150m 02:04.52 51,21	
10. Faissal Laghrich (Kon. AZ 1870, 200301885)	02:39.08
50m 00:32.99 32,99 100m 01:12.41 39,42 150m 02:03.05 50,64	
11. Dave Rook (Kon. AZ 1870, 200204355)	02:44.21
50m 00:33.98 33,98 100m 01:16.29 42,31 150m 02:06.00 49,71	
12. Martino Valentijn (Z & Pc Dio, 199403913)	02:45.77
50m 00:34.23 34,23 100m 01:21.96 47,73 150m 02:07.55 45,59	
13. Bas Spijkers (Zwemsport Parkstad, 200300529)	02:47.50
50m 00:34.81 34,81 100m 01:17.31 42,50 150m 02:11.76 54,45	
14. Jep van Gemeren (Arethusa, 200201455)	02:49.15
50m 00:32.80 32,80 100m 01:17.90 45,10 150m 02:07.88 49,98	
15. Stan Houtvast (Hellas-Glana, 200500883)	02:49.24
50m 00:36.93 36,93 100m 01:20.50 43,57 150m 02:10.53 50,03	
16. Tomas Hertogh (Scheldestroom, 200500297)	02:52.48
50m 00:37.20 37,20 100m 01:21.61 44,41 150m 02:09.56 47,95	
17. Mitchell Leunissen (Zwemsport Parkstad, 200303381)	02:52.84
50m 00:34.52 34,52 100m 01:21.50 46,98 150m 02:12.10 50,60	
18. Lasse Schrieken (Vzc, 200503145)	02:56.02

	50m 00:41.11 41,11	100m 01:27.18 46,07	150m 02:18.11 50,93	
19. Max van Zeijl (Hieronymus, 200402075)	50m 00:40.27 40,27	100m 01:28.47 48,20	150m 02:18.59 50,12	02:56.21
20. Peer Bergman (Vzc, 200503223)	50m 00:42.77 42,77	100m 01:31.26 48,49	150m 02:23.59 52,33	03:03.84
21. Siem van den Bogaert (De Warande, 200601393)	50m 00:42.23 42,23	100m 01:32.63 50,40	150m 02:26.72 54,09	03:05.80
14. 400m wisselslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Anastasia Renssen (De Warande, 200202588)	50m 00:35.71 35,71	100m 01:18.50 42,79	150m 02:01.95 43,45	200m 02:44.92 42,97
			250m 03:32.66 47,74	300m 04:22.19 49,53
				350m 05:02.64 40,45
2. Yasmine Luyten (De Warande, 200503988)	50m 00:39.00 39,00	100m 01:25.57 46,57	150m 02:16.03 50,46	200m 03:05.55 49,52
			250m 03:56.79 51,24	300m 04:47.74 50,95
				350m 05:30.34 42,60
3. Anne Salomé (Scheldestroom, 200700008)	50m 00:41.25 41,25	100m 01:35.66 54,41	150m 02:26.07 50,41	200m 03:14.42 48,35
			250m 04:06.62 52,20	300m 04:59.80 53,18
				350m 05:41.71 41,91
4. Isa Jansen (Sbc2000, 200701176)	50m 00:44.78 44,78	100m 01:39.57 54,79	150m 02:25.49 45,92	200m 03:12.34 46,85
			250m 04:06.04 53,70	300m 05:01.09 55,05
				350m 05:43.99 42,90
5. Carlijn Sigmond (De Schelde, 200600928)	50m 00:43.89 43,89	100m 01:39.83 55,94	150m 02:28.74 48,91	200m 03:19.36 50,62
			250m 04:11.83 52,47	300m 05:05.57 53,74
				350m 05:51.65 46,08
6. Ymke van Dongen (De Warande, 200202662)	50m 00:42.18 42,18	100m 01:31.74 49,56	150m 02:21.56 49,82	200m 03:10.66 49,10
			250m 04:11.51 60,85	300m 05:13.46 61,95
				350m 05:58.03 44,57
7. Carlijn de Dauw (Sbc2000, 200702386)	50m 00:45.91 45,91	100m 01:40.92 55,01	150m 02:30.27 49,35	200m 03:19.53 49,26
			250m 04:20.15 60,62	300m 05:21.12 60,97
				350m 06:07.54 46,42
8. Rebecca van Lier (Vzc, 200602612)	50m 00:47.91 47,91	100m 01:51.63 63,72	150m 02:41.92 50,29	200m 03:30.65 48,73
			250m 04:24.35 53,70	300m 05:22.41 58,06
				350m 06:12.61 50,20
15. 200m rugslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Indy Jongman (Knbz - Oc, 200100528)	50m 00:32.85 32,85	100m 01:07.82 34,97	150m 01:43.51 35,69	02:18.92
2. Carlijn Hansté (WS Twente, 200201082)	50m 00:32.81 32,81	100m 01:08.18 35,37	150m 01:44.89 36,71	02:22.18
3. Femke Spiering (Knbz - Oc, 200204514)	50m 00:34.31 34,31	100m 01:10.74 36,43	150m 01:47.70 36,96	02:24.36
4. Josse Bergman (Vzc, 200305146)	50m 00:35.35 35,35	100m 01:12.86 37,51	150m 01:50.85 37,99	02:28.00
5. Kirsten Verhalle (Vzc, 200400210)	50m 00:35.67 35,67	100m 01:14.62 38,95	150m 01:55.28 40,66	02:34.83
6. Anne-Fleur Opdam (Vzc, 200301612)	50m 00:37.01 37,01	100m 01:16.71 39,70	150m 01:57.43 40,72	02:36.57
7. Angela Whitney (De Duinkickers, 200700002)	50m 00:39.97 39,97	100m 01:23.47 43,50	150m 02:07.39 43,92	02:49.20
8. Rosa Kremers (Trb/Res, 200701224)	50m 00:42.05 42,05	100m 01:26.48 44,43	150m 02:10.91 44,43	02:50.78

9. Isabella Grijseels (Kon. AZ 1870, 200502678)	02:55.48
50m 00:40.91 40,91 100m 01:24.62 43,71 150m 02:10.33 45,71	
10. Sofie Sterk (Kon. AZ 1870, 200302972)	02:57.26
50m 00:43.10 43,10 100m 01:27.93 44,83 150m 02:13.84 45,91	
11. Zuzanna Kowalczyk (SG Bommelerwaard, 200503860)	02:57.36
50m 00:40.96 40,96 100m 01:27.62 46,66 150m 02:13.87 46,25	
12. Alyssa van der Heijden (Hieronymus, 200603508)	03:02.15
50m 00:41.44 41,44 100m 01:28.12 46,68 150m 02:15.22 47,10	
16. 100m rugslag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Viktor Koets (De Columbiaan, 200201677)	01:07.64
50m 00:32.97 32,97	
2. Daan Trinh (Hieronymus, 200401267)	01:08.41
50m 00:33.47 33,47	
3. Damian Waas (De Warande, 200402285)	01:08.88
50m 00:33.93 33,93	
4. Shawn Klas (Kon. AZ 1870, 200402005)	01:15.06
50m 00:35.61 35,61	
5. Luuk Zijlstra (Scheldestroom, 200401075)	01:17.92
50m 00:38.23 38,23	
6. Dion Potters (Hieronymus, 200601981)	01:22.31
50m 00:40.19 40,19	
7. Thijs van Hofweegen (Zpc Amersfoort, 199605253) [S6]	01:23.04
50m 00:41.61 41,61	
8. Lars Keukens (V.Z.V. Njord, 200501135)	01:26.30
50m 00:40.17 40,17	
17. 100m schoolslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Eelke van Ballegooijen (Vzc, 200100684)	01:16.95
50m 00:36.17 36,17	
2. Robin Goossens (Z&PV Nuenen, 200003128)	01:19.02
50m 00:36.95 36,95	
3. Tessa Loos (AquaDream, 200200608)	01:20.04
50m 00:36.62 36,62	
4. Inge van der Hoek (The Hague Swimming (sg), 199204034)	01:20.95
50m 00:37.75 37,75	
5. Chantal van der Horst (ZV De Meer, 199400616)	01:21.35
50m 00:39.14 39,14	
6. Janice Provoost (Z & PC De Zeeuwse Kust, 200303076)	01:23.09
50m 00:38.92 38,92	
7. Eline van der Meer (Vzc, 200405014)	01:25.28
50m 00:39.89 39,89	
8. Bibi de Jong (Hieronymus, 200401164)	01:26.02
50m 00:40.03 40,03	
9. Lynn Meijers (Hellas-Glana, 199803732)	01:27.54
50m 00:40.08 40,08	
10. Lien Fermont (De Schelde, 200500506)	01:27.83
50m 00:40.39 40,39	
11. Nadège van Meeteren (ZV De Meer, 197400736)	01:28.54
50m 00:41.70 41,70	

12. Suze Creemers (Hellas-Glana, 200700738) 50m 00:41.73 41,73	01:29.41
13. Charlene Ruiter (De Columbiaan, 200700522) 50m 00:42.91 42,91	01:29.50
14. Sarah Berger (Zwemsport Parkstad, 200402272) 50m 00:41.93 41,93	01:29.86
15. Veerle Fisscher (Zwemsport Parkstad, 200404068) 50m 00:42.28 42,28	01:29.98
16. Noa Ottens (Vzc, 200702256) 50m 00:42.57 42,57	01:31.21
17. Noor Frijlink (De Columbiaan, 200500970) 50m 00:44.06 44,06	01:31.96
18. Lieke Konings (Hieronymus, 200501938) 50m 00:43.14 43,14	01:32.17
19. Sophie Adriaanse (De Columbiaan, 200701066) 50m 00:44.83 44,83	01:34.35
20. Rhodee van den Ham (De Duinkickers, 200700090) 50m 00:45.32 45,32	01:35.82
21. Bianca Hertogh - Buijsse (Scheldestroom, 197400910) 50m 00:46.18 46,18	01:37.33
22. Aisha Nobels (Feijenoord Albion, 200501710) 50m 00:46.45 46,45	01:38.49
23. Meike de Waard (De Warande, 200702380) 50m 00:46.71 46,71	01:39.52
24. Celine Besselink (De Warande, 200400340) 50m 00:46.56 46,56	01:41.15
25. Axelle Van Laarhoven (De Treffers, 200700270) 50m 00:50.52 50,52	01:48.72
26. Julie van 't Zant (Feijenoord Albion, 200600456) 50m 00:53.87 53,87	01:52.46
27. Vera van der Meer (Vzc, 200701508) 50m 00:55.39 55,39	01:54.26
18. 50m vrije slag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1. Berjen Mellema (Knzb - Oc, 199800615)	00:24.17
2. Sean Niewold (Wvz, 200204699)	00:24.49
3. Rico Keizer (Ndd, 199903491)	00:25.07
4. Junior Vermeulen (De Bevelanders, 200103363)	00:25.57
5. Joop Tuppe (SG Bommelerwaard, 200100581)	00:26.04
6. Niels de Boer (Hellas-Glana, 200001977)	00:26.13
7. Yorick Visser (Z & PC De Zeeuwse Kust, 200301957)	00:26.16
8. Pascal Faasse (De Schelde, 200301923)	00:26.27
9. Jarno van Oijen (Feijenoord Albion, 200100055)	00:26.38
10. Maikel van der Linden (Zwemsport Parkstad, 200003797)	00:26.42
11. Thijm Kruit (De Columbiaan, 200401339)	00:26.58
12. Ruben Cuelenaere (Z & PC De Zeeuwse Kust, 200100695)	00:26.66

13. Roderick van Doeselaar (Scheldestroom, 199200261)	00:26.74
14. Thomas van Wanrooij (Poseidon'56, 200201473) [S13]	00:27.07
15. Thijn Damen (De Warande, 200300973)	00:27.25
16. Sigsten Jonkman (Z & PC De Zeeuwse Kust, 200500523)	00:27.82
17. Lex Carter (Hellas-Glana, 200001275)	00:28.18
18. Joshua Bijvank (Z & PC De Zeeuwse Kust, 200401225)	00:28.75
19. Kjell Reumkens (Hellas-Glana, 200401385)	00:29.92
20. Mart van Leeuwenkamp (De Duinkickers, 200404345)	00:30.98
21. Niek van Leeuwenkamp (De Duinkickers, 200600443)	00:30.99
22. Mario Cuelenaere (Z & PC De Zeeuwse Kust, 196901569)	00:31.03
23. Alan Smeets (Zwemsport Parkstad, 198402089)	00:31.10
24. Tomas Hertogh (Scheldestroom, 200500297)	00:31.15
25. Tim van den Heuvel (ZV De Meer, 200400825)	00:31.20
26. Hannes Loos (Hieronymus, 200603793)	00:33.32
27. Berend van der Schrier (Hieronymus, 200601915)	00:35.07
28. Simon Roosen (V.Z.V. Njord, 200500775)	00:40.06
DIS. Tom Balsen Versteeg (De Warande, 200005673)	00:00.00
<b>19. 50m rugslag - Dames</b>	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Lieke Oude Lenferink (WS Twente, 200200068)	00:30.69
2. Valesca van den Bogert (Hieronymus, 200102138)	00:32.80
3. Isa Willemsen (SG Bommelerwaard, 199900628)	00:33.19
4. Demi van Hulst (Zwemsport Parkstad, 200300140)	00:34.35
5. Kim Vriens (Hieronymus, 200401166)	00:34.77
6. Kimberly Ruiten (De Columbiaan, 200600492)	00:35.46
7. Lorena Dreschers (Hellas-Glana, 200401364)	00:35.48
8. Indy van Laarhoven (De Warande, 200500710)	00:35.86
9. Juline van Meeteren (ZV De Meer, 200300406)	00:35.92
10. Tess Panjer (Vzc, 200403060)	00:36.86
11. Pien de Lange (Sbc2000, 200700834)	00:36.95
12. Merel van den Heuvel (ZV De Meer, 200201784)	00:38.07
13. Isabella Castelijns (Hieronymus, 200105962)	00:38.12
14. Elsemieke Koot (De Warande, 200404014)	00:38.26
15. Tess Pije (Kon. AZ 1870, 200500576)	00:38.53
16. Félinn van Lienden (Hieronymus, 200602038)	00:38.67
17. Nadia Armani (Zwemsport Parkstad, 200305598)	00:38.86
18. Renske Meulenbeld (ZV De Meer, 200300980)	00:39.42
19. Sarah Berger (Zwemsport Parkstad, 200402272)	00:39.54
20. Zoë de Jong (Hieronymus, 200501092)	00:39.75



21. Nicole Bogerd (De Biesboschzwemmers, 200500442)	00:39.99
22. Eva Ophorst (De Duinkickers, 200602272)	00:40.17
23. Evy Krempel (De Warande, 200600578)	00:40.52
24. Raisa Schasfoort (ZV De Meer, 200400294)	00:40.85
25. Zoë Bulkmans (De Warande, 200600746)	00:41.11
26. Rosalie van der Bijl (Hieronymus, 200701644)	00:41.74
27. Meike Wiersma (V.Z.V. Njord, 200703090)	00:41.98
28. Lieke Duijnkerke (Z & PC De Zeeuwse Kust, 200700468) [S10]	00:42.66
29. Tamar Roosen (V.Z.V. Njord, 200501168)	00:43.68
30. Indira Tankink (De Warande, 200702734)	00:45.92
31. Emmelien Bloemers (De Treffers, 200703328)	00:46.21
32. Femke van de Koeving (De Treffers, 200603790)	00:53.31
20. 200m schoolslag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Lucas Greven (Hellas-Glana, 199501941)	02:27.80
50m 00:33.04 33,04 100m 01:10.59 37,55 150m 01:48.57 37,98	
2. Ian Sanders (Hellas-Glana, 200100373)	02:28.66
50m 00:33.41 33,41 100m 01:11.72 38,31 150m 01:50.41 38,69	
3. Dave van den Nieuwendijk (De Columbiaan, 200100475)	02:33.98
50m 00:34.05 34,05 100m 01:13.46 39,41 150m 01:52.79 39,33	
4. Richard van der Horst (ZV De Meer, 199700179)	02:39.21
50m 00:35.45 35,45 100m 01:16.47 41,02 150m 01:57.35 40,88	
5. Bart de Bruijn (AquaDream, 200004177)	02:49.17
50m 00:38.47 38,47 100m 01:22.87 44,40 150m 02:06.48 43,61	
6. Maurits van Bommel (Kon. AZ 1870, 200401089)	02:52.43
50m 00:38.61 38,61 100m 01:22.17 43,56 150m 02:07.58 45,41	
7. Mel van Gemert (Psv, 200300323)	02:53.37
50m 00:38.86 38,86 100m 01:23.57 44,71 150m 02:08.84 45,27	
8. Martino Valentijn (Z & Pc Dio, 199403913)	02:53.40
50m 00:38.41 38,41 100m 01:23.27 44,86 150m 02:09.07 45,80	
9. Freddie Geerlings (Zwemsport Parkstad, 197900379)	02:54.80
50m 00:41.07 41,07 100m 01:25.39 44,32 150m 02:11.37 45,98	
10. Ward in 't Veld (SG Bommelerwaard, 200200511)	02:59.05
50m 00:39.72 39,72 100m 01:25.72 46,00 150m 02:12.47 46,75	
11. Giljano Palm (Kon. AZ 1870, 200403637)	02:59.43
50m 00:39.54 39,54 100m 01:24.80 45,26 150m 02:11.38 46,58	
12. Luuk Zijlstra (Scheldestroom, 200401075)	03:05.21
50m 00:41.28 41,28 100m 01:28.67 47,39 150m 02:17.49 48,82	
13. Tim van den Heuvel (ZV De Meer, 200400825)	03:16.60
50m 00:43.45 43,45 100m 01:33.31 49,86 150m 02:25.20 51,89	
14. Bart Tuinenburg (ZPC Wiekslag, 200602347)	03:27.68
50m 00:48.70 48,70 100m 01:41.12 52,42 150m 02:35.53 54,41	
21. 200m vrije slag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Lotte Hosper (The Hague Swimming (sg), 200201414)	02:07.46
50m 00:29.37 29,37 100m 01:01.57 32,20 150m 01:34.48 32,91	

2. Carlijn Hansté (WS Twente, 200201082)	50m 00:30.37 30,37	100m 01:03.17 32,80	150m 01:37.46 34,29	02:12.16
3. Femke Doorenbos (De Duinkickers, 200404214)	50m 00:31.95 31,95	100m 01:07.59 35,64	150m 01:44.40 36,81	02:18.88
4. Babet de Voogd (Z & PC De Zeeuwse Kust, 200301362)	50m 00:31.90 31,90	100m 01:07.37 35,47	150m 01:43.56 36,19	02:19.25
5. Anique Hazebroek (The Hague Swimming (sg), 200502196)	50m 00:32.82 32,82	100m 01:08.89 36,07	150m 01:45.90 37,01	02:22.39
6. Noor Vermeer (Sbc2000, 200600752)	50m 00:33.96 33,96	100m 01:11.20 37,24	150m 01:49.07 37,87	02:25.33
7. Hylcke de Beer (Zwemsport Parkstad, 200700006)	50m 00:33.72 33,72	100m 01:11.44 37,72	150m 01:49.63 38,19	02:26.86
8. Gwen Eygendaal (De Warande, 200404680)	50m 00:33.79 33,79	100m 01:11.69 37,90	150m 01:50.81 39,12	02:29.67
9. Danila van den Hoogenband (Z&PV Nuenen, 199001558)	50m 00:34.89 34,89	100m 01:13.97 39,08	150m 01:53.58 39,61	02:31.71
10. Inge Hertogh (Scheldestroom, 200101052)	50m 00:34.44 34,44	100m 01:14.42 39,98	150m 01:57.73 43,31	02:40.88
11. Esmā van der Heijden (Hellas-Glana, 200501264)	50m 00:37.57 37,57	100m 01:18.20 40,63	150m 02:00.73 42,53	02:42.66
12. Danique Cuelenaere (Z & PC De Zeeuwse Kust, 200400690)	50m 00:37.32 37,32	100m 01:18.69 41,37	150m 02:01.91 43,22	02:44.89
13. Josephine Opdam (Vzc, 200602144)	50m 00:37.00 37,00	100m 01:20.54 43,54	150m 02:04.74 44,20	02:45.57
14. Esmee Vranken (Zwemsport Parkstad, 200602548)	50m 00:38.22 38,22	100m 01:21.43 43,21	150m 02:06.58 45,15	02:46.71
15. Maaikē van Heeswijk (De Warande, 200500472)	50m 00:36.84 36,84	100m 01:18.20 41,36	150m 02:02.87 44,67	02:47.88
16. Carlijn Sigmond (De Schelde, 200600928)	50m 00:38.69 38,69	100m 01:23.07 44,38	150m 02:07.98 44,91	02:50.64
17. Guusje van de Rovaart (De Warande, 200405578)	50m 00:44.04 44,04	100m 01:34.23 50,19	150m 02:27.62 53,39	03:14.84
18. Annelieke Verriet (V.Z.V. Njord, 200300552)	50m 00:44.25 44,25	100m 01:34.09 49,84	150m 02:27.44 53,35	03:17.53
DIS. Amber van der Kruk (MSV-Zeemacht, 200102730) [S14]				00:00.00
22. 100m vrije slag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Sean Niewold (Wvz, 200204699)	50m 00:26.69 26,69			00:54.10
2. Jarno van Oijen (Feijenoord Albion, 200100055)	50m 00:27.17 27,17			00:56.32
3. Raf Hendriks (Hellas-Glana, 200100879)	50m 00:27.40 27,40			00:56.46
4. Alan Smeets (Zwemsport Parkstad, 198402089)	50m 00:26.85 26,85			00:57.38
5. Michael Smink (The Hague Swimming (sg), 200302169)	50m 00:27.73 27,73			00:58.12
6. Yorick Visser (Z & PC De Zeeuwse Kust, 200301957)	50m 00:28.31 28,31			00:58.25

7. Klaas van Beek (ZV Haerlem, 198805941) 50m 00:28.19 28,19	00:58.28
8. Damian Waas (De Warande, 200402285) 50m 00:28.25 28,25	00:59.13
9. Omar Markovinovic (The Hague Swimming (sg), 200304877) 50m 00:28.67 28,67	00:59.29
10. Vincent Dermaux (AquaDream, 199600599) 50m 00:28.24 28,24	00:59.38
11. Milan van Aken (The Hague Swimming (sg), 200303307) 50m 00:28.52 28,52	00:59.67
12. Sven van Eeghem (Hellas-Glana, 200400541) 50m 00:29.03 29,03	01:00.32
13. Arne-Willem Kroonen (Zwemsport Parkstad, 198401297) 50m 00:28.62 28,62	01:01.33
14. Sigsten Jonkman (Z & PC De Zeeuwse Kust, 200500523) 50m 00:29.50 29,50	01:01.39
15. Nick Hendrickx (ReSet (SG), 200401025) 50m 00:29.85 29,85	01:01.51
16. Shawn Klas (Kon. AZ 1870, 200402005) 50m 00:28.80 28,80	01:02.97
17. Joshua Bijvank (Z & PC De Zeeuwse Kust, 200401225) 50m 00:30.51 30,51	01:03.42
18. Joost Schuurmans (Hellas-Glana, 200400543) 50m 00:30.14 30,14	01:04.42
19. Faissal Laghrich (Kon. AZ 1870, 200301885) 50m 00:30.48 30,48	01:04.75
20. Jep van Gemeren (Arethusa, 200201455) 50m 00:30.67 30,67	01:04.81
21. Maxime Koops (Zwemsport Parkstad, 200600831) 50m 00:32.07 32,07	01:06.74
22. Sjoerd van der Wilt (Vzc, 200501447) 50m 00:32.23 32,23	01:07.32
23. Mitchell Leunissen (Zwemsport Parkstad, 200303381) 50m 00:31.80 31,80	01:09.71
24. Mario Cuelenaere (Z & PC De Zeeuwse Kust, 196901569) 50m 00:33.83 33,83	01:11.20
25. Tim van den Heuvel (ZV De Meer, 200400825) 50m 00:34.57 34,57	01:12.99
26. Dion Potters (Hieronymus, 200601981) 50m 00:34.84 34,84	01:14.34
27. Alrik van Eeghem (Hellas-Glana, 200600471) 50m 00:36.60 36,60	01:14.70
28. Berend van der Schrier (Hieronymus, 200601915) 50m 00:38.73 38,73	01:20.62
29. Thom Keukens (V.Z.V. Njord, 200700415) 50m 00:37.87 37,87	01:20.84
30. Yasin Hjr (Zwemsport Parkstad, 200701883) 50m 00:39.09 39,09	01:23.62

23. 100m vlinderslag - Dames

*vanaf 11 jaar (Senioren Open)*

1. Nienke Jonk (Knzb - Oc, 200203000) 50m 00:30.60 30,60	01:05.49
2. Ilona Venema (ReVeLie Swim Team, 200200050) 50m 00:31.72 31,72	01:07.90
3. Josse Bergman (Vzc, 200305146) 50m 00:32.05 32,05	01:08.35
4. Merel Phaff (Z&PV Nuenen, 200100434) 50m 00:32.09 32,09	01:09.64
5. Julia Notenboom (De Columbiaan, 200302596) 50m 00:34.06 34,06	01:14.15
6. Evy van Laarhoven (De Warande, 200500712) 50m 00:34.92 34,92	01:14.29
7. Florianne Bultje (Dwt, 199804342) [S10] 50m 00:33.02 33,02	01:15.72
8. Kayley Mc Ateer (Z&PV Nuenen, 200305000) 50m 00:34.05 34,05	01:15.77
9. Evica Klok (Vzc, 200501828) 50m 00:34.79 34,79	01:16.49
10. Britt van't Zant (Feijenoord Albion, 200501170) 50m 00:36.33 36,33	01:20.91
11. Aisha Nobels (Feijenoord Albion, 200501710) 50m 00:38.10 38,10	01:21.31
12. Sanne Vermeulen (The Hague Swimming (sg), 200303902) 50m 00:36.59 36,59	01:24.28
13. Raisa Schasfoort (ZV De Meer, 200400294) 50m 00:41.29 41,29	01:28.30
14. Bo Peeters (Z & PC De Zeeuwse Kust, 200700828) 50m 00:42.46 42,46	01:31.67
15. Suzie Pellis (Hieronymus, 200701600) [S9] 50m 00:43.32 43,32	01:37.22
24. 50m vlinderslag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Berjen Mellema (Knzb - Oc, 199800615)	00:26.38
2. Niels de Boer (Hellas-Glana, 200001977)	00:26.99
3. Rico Keizer (Ndd, 199903491)	00:27.77
3. Roderick van Doeselaar (Scheldestroom, 199200261)	00:27.77
5. Ruben Cuelenaere (Z & PC De Zeeuwse Kust, 200100695)	00:28.17
6. Maikel van der Linden (Zwemsport Parkstad, 200003797)	00:28.28
7. Yorick Visser (Z & PC De Zeeuwse Kust, 200301957)	00:28.40
8. Bram Daalman (ZV Haerlem, 200300629) [S14]	00:28.43
9. Ward in 't Veld (SG Bommelerwaard, 200200511)	00:28.67
10. Viktor Koets (De Columbiaan, 200201677)	00:28.72
11. Thijm Kruit (De Columbiaan, 200401339)	00:28.74
12. Remy Vane (Z & PC De Zeeuwse Kust, 200202063)	00:29.51
13. Jelle in 't Veld (SG Bommelerwaard, 200400073)	00:29.80

14. Jesper Pas (V.Z.V. Njord, 200200967)	00:29.89
15. Lex Carter (Hellas-Glana, 200001275)	00:30.67
16. Lars Minnaert (V.Z.V. Njord, 200502355)	00:30.77
17. Freddie Geerlings (Zwemsport Parkstad, 197900379)	00:33.29
18. Mitchell Leunissen (Zwemsport Parkstad, 200303381)	00:33.71
19. Jacques Verriet (V.Z.V. Njord, 197001039)	00:34.69
20. Stan Houtvast (Hellas-Glana, 200500883)	00:35.49
21. Max van Zeijl (Hieronymus, 200402075)	00:37.28
22. Yasin Hjr (Zwemsport Parkstad, 200701883)	00:46.43
23. Mike Ijpelaar (De Warande, 200404397)	00:46.95
25. 50m schoolslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Inge van der Hoek (The Hague Swimming (sg), 199204034)	00:36.77
2. Solenn Hoeben (Hellas-Glana, 200303606)	00:37.14
3. Britt Cornelissens (Hellas-Glana, 200000632)	00:37.17
4. Lynn Meijers (Hellas-Glana, 199803732)	00:38.22
5. Eline van der Meer (Vzc, 200405014)	00:39.06
6. Kimberly Ruiten (De Columbiaan, 200600492)	00:39.23
7. Nadège van Meeteren (ZV De Meer, 197400736)	00:40.30
8. Lien Fermont (De Schelde, 200500506)	00:40.50
9. Veerle Fisscher (Zwemsport Parkstad, 200404068)	00:41.16
10. Zoë de Jong (Hieronymus, 200501092)	00:41.76
11. Myra Smulders (Zwemvereniging Hoogland, 199904308)	00:41.99
12. Isabella Castelijns (Hieronymus, 200105962)	00:42.32
13. Tess Panjer (Vzc, 200403060)	00:42.64
14. Lieke Konings (Hieronymus, 200501938)	00:42.72
15. Manon Kooij (Vzc, 200602142)	00:43.75
16. Sophie Adriaanse (De Columbiaan, 200701066)	00:43.92
17. Nicole Bogerd (De Biesboschzwemmers, 200500442)	00:44.38
18. Rhodee van den Ham (De Duinkickers, 200700090)	00:44.41
19. Anne Salomé (Scheldestroom, 200700008)	00:45.53
20. Celine Besselink (De Warande, 200400340)	00:45.59
21. Rosalie van der Bijl (Hieronymus, 200701644)	00:46.64
22. Tess Pije (Kon. AZ 1870, 200500576)	00:48.19
23. Rebecca van Lier (Vzc, 200602612)	00:48.40
24. Anouk Engelen (V.Z.V. Njord, 200303088)	00:50.38
25. Femke van de Koeving (De Treffers, 200603790)	00:50.55
26. Meike Wiersma (V.Z.V. Njord, 200703090)	00:51.07
27. Axelle Van Laarhoven (De Treffers, 200700270)	00:51.30

28. Indira Tankink (De Warande, 200702734)		00:51.77
29. Hailey Snoeren (De Warande, 200603724)		00:53.42
30. Mies Kuipers (Old Dutch Breda, 195800202)		01:04.10
26. 200m rugslag - Heren		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Joop Tuppe (SG Bommelerwaard, 200100581)		02:25.80
50m 00:32.98 32,98	100m 01:09.72 36,74	150m 01:47.91 38,19
2. Thijn Damen (De Warande, 200300973)		02:34.38
50m 00:36.55 36,55	100m 01:16.26 39,71	150m 01:55.74 39,48
3. Dave Rook (Kon. AZ 1870, 200204355)		02:42.78
50m 00:37.67 37,67	100m 01:18.76 41,09	150m 02:00.67 41,91
4. Bas Spijkers (Zwemsport Parkstad, 200300529)		02:46.16
50m 00:40.16 40,16	100m 01:23.47 43,31	150m 02:06.07 42,60
5. Peer Bergman (Vzc, 200503223)		03:04.29
50m 00:45.34 45,34	100m 01:32.77 47,43	150m 02:20.09 47,32
6. Siem van den Bogaert (De Warande, 200601393)		03:14.04
50m 00:46.54 46,54	100m 01:36.31 49,77	150m 02:26.56 50,25
27. 200m wisselslag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Indy Jongman (Knbz - Oc, 200100528)		02:21.97
50m 00:29.95 29,95	100m 01:04.81 34,86	150m 01:48.80 43,99
2. Elise Tanis (Knbz - Oc, 200200120)		02:24.90
50m 00:30.23 30,23	100m 01:07.19 36,96	150m 01:51.89 44,70
3. Maaïke Issard (Vzc, 200300022)		02:28.21
50m 00:31.51 31,51	100m 01:09.56 38,05	150m 01:53.44 43,88
4. Robin Goossens (Z&PV Nuenen, 200003128)		02:32.44
50m 00:34.52 34,52	100m 01:14.96 40,44	150m 01:56.55 41,59
5. Aniek van de Weerd (Vzc, 200404136)		02:33.10
50m 00:31.37 31,37	100m 01:10.53 39,16	150m 01:57.85 47,32
6. Lisa Kruger (Zpc Amersfoort, 200005304) [S10]		02:33.77
50m 00:32.67 32,67	100m 01:14.11 41,44	150m 01:58.68 44,57
7. Judith Houtvast (Hellas-Glana, 200300714)		02:33.98
50m 00:31.07 31,07	100m 01:12.59 41,52	150m 01:58.21 45,62
8. Nikita van den Ouden (Z&PV Nuenen, 199900622)		02:34.01
50m 00:32.63 32,63	100m 01:12.35 39,72	150m 01:58.47 46,12
9. Kim Rebergen (Hellas-Glana, 200100676)		02:34.70
50m 00:34.02 34,02	100m 01:13.68 39,66	150m 02:00.61 46,93
10. Babet de Voogd (Z & PC De Zeeuwse Kust, 200301362)		02:37.68
50m 00:34.54 34,54	100m 01:13.30 38,76	150m 02:02.33 49,03
11. Eelke van Ballegooijen (Vzc, 200100684)		02:37.71
50m 00:35.76 35,76	100m 01:18.13 42,37	150m 02:01.86 43,73
12. Janice Provoost (Z & PC De Zeeuwse Kust, 200303076)		02:38.82
50m 00:34.48 34,48	100m 01:16.54 42,06	150m 02:02.02 45,48
13. Imke Beekman (Hellas-Glana, 200301950)		02:42.80
50m 00:33.98 33,98	100m 01:15.74 41,76	150m 02:07.15 51,41
14. Sanne Rebers (Hieronymus, 199902082)		02:43.51
50m 00:35.63 35,63	100m 01:16.13 40,50	150m 02:04.18 48,05
15. Anne-Fleur Opdam (Vzc, 200301612)		02:45.33
50m 00:35.81 35,81	100m 01:16.82 41,01	150m 02:08.04 51,22

16. Evica Klok (Vzc, 200501828)				02:45.36
	50m 00:34.38 34,38	100m 01:17.15 42,77	150m 02:07.54 50,39	
17. Chantal van der Horst (ZV De Meer, 199400616)				02:50.20
	50m 00:37.93 37,93	100m 01:25.83 47,90	150m 02:10.65 44,82	
18. Sofie Sterk (Kon. AZ 1870, 200302972)				02:51.90
	50m 00:36.48 36,48	100m 01:21.19 44,71	150m 02:12.89 51,70	
19. Marbel Diderik (De Columbiaan, 200205752)				02:54.79
	50m 00:35.69 35,69	100m 01:22.95 47,26	150m 02:15.05 52,10	
20. Isa Coenen (Hellas-Glana, 200300704)				02:55.18
	50m 00:38.14 38,14	100m 01:23.10 44,96	150m 02:15.08 51,98	
21. Noa Ottens (Vzc, 200702256)				02:57.18
	50m 00:39.79 39,79	100m 01:24.75 44,96	150m 02:16.24 51,49	
22. Isabella Grijseels (Kon. AZ 1870, 200502678)				02:58.02
	50m 00:38.80 38,80	100m 01:23.37 44,57	150m 02:15.05 51,68	
23. Juline van Meeteren (ZV De Meer, 200300406)				02:58.60
	50m 00:39.64 39,64	100m 01:22.97 43,33	150m 02:17.79 54,82	
24. Merel van den Heuvel (ZV De Meer, 200201784)				02:58.93
	50m 00:38.62 38,62	100m 01:25.88 47,26	150m 02:21.18 55,30	
25. Rosa Kremers (Trb/Res, 200701224)				02:59.09
	50m 00:41.40 41,40	100m 01:25.54 44,14	150m 02:20.20 54,66	
26. Robin Vermeer (Vzc, 200701292)				02:59.74
	50m 00:40.83 40,83	100m 01:26.50 45,67	150m 02:20.17 53,67	
27. Noor Frijlink (De Columbiaan, 200500970)				02:59.96
	50m 00:41.84 41,84	100m 01:28.34 46,50	150m 02:17.96 49,62	
28. Jennifer Koonen (Zwemsport Parkstad, 200500386)				03:01.92
	50m 00:41.66 41,66	100m 01:27.72 46,06	150m 02:22.54 54,82	
29. Isa Jansen (Sbc2000, 200701176)				03:03.98
	50m 00:44.44 44,44	100m 01:30.18 45,74	150m 02:24.10 53,92	
30. Floortje van Schaik (Kon. AZ 1870, 200602294)				03:04.83
	50m 00:40.88 40,88	100m 01:28.72 47,84	150m 02:26.88 58,16	
31. Alyssa van der Heijden (Hieronymus, 200603508)				03:05.54
	50m 00:40.33 40,33	100m 01:26.02 45,69	150m 02:22.61 56,59	
32. Esmee van Strien (De Warande, 200404142)				03:10.50
	50m 00:43.84 43,84	100m 01:33.57 49,73	150m 02:26.96 53,39	
33. Raisa Schasfoort (ZV De Meer, 200400294)				03:10.51
	50m 00:42.60 42,60	100m 01:31.76 49,16	150m 02:29.58 57,82	
34. Lieke Duijnkerke (Z & PC De Zeeuwse Kust, 200700468) [S10]				03:10.95
	50m 00:44.50 44,50	100m 01:31.84 47,34	150m 02:29.04 57,20	
35. Bianca Hertogh - Buijsse (Scheldestroom, 197400910)				03:13.26
	50m 00:40.61 40,61	100m 01:31.70 51,09	150m 02:27.62 55,92	
36. Tamar Roosen (V.Z.V. Njord, 200501168)				03:15.91
	50m 00:43.62 43,62	100m 01:33.27 49,65	150m 02:34.56 61,29	
37. Rosalie van Druenen (De Warande, 200305066) [S9]				03:16.68
	50m 00:42.31 42,31	100m 01:31.59 49,28	150m 02:32.64 61,05	
38. Lise Urlings (Hellas-Glana, 200601920)				03:18.94
	50m 00:44.95 44,95	100m 01:35.08 50,13	150m 02:35.57 60,49	
39. Carlijn de Dauw (Sbc2000, 200702386)				03:22.00
	50m 00:48.19 48,19	100m 01:37.91 49,72	150m 02:39.42 61,51	
40. Zoë Bulkman (De Warande, 200600746)				03:23.84

	50m 00:51.05	100m 01:42.69	150m 02:44.23	61,54			
41. Yara Besselink (De Warande, 200700128)					03:25.31		
	50m 00:50.04	100m 01:40.60	150m 02:39.94	59,34			
42. Linda Goderie (Rotterdam Swimming, 196900976)					03:30.99		
	50m 00:45.93	100m 01:43.08	150m 02:45.72	62,64			
DIS. Tess Bemer (De Duinkickers, 200600450)					00:00.00		
28. 800m vrije slag - Heren							
<i>vanaf 11 jaar (Senioren Open)</i>							
1. David Groenewegen (Psv, 200400469)					09:01.80		
	100m 01:04.49	300m 03:21.20	500m 05:38.40	700m 07:55.54			
	200m 02:13.23	400m 04:29.59	600m 06:47.04	68,50			
	68,74	68,39	68,64				
2. Tom Balsen Versteeg (De Warande, 200005673)					09:21.02		
	100m 01:04.65	300m 03:24.51	500m 05:47.34	700m 08:11.19			
	200m 02:14.17	400m 04:35.70	600m 06:59.54	71,65			
	69,52	71,19	72,20				
3. Pieter Wisse (Psv, 200400779)					09:34.11		
	100m 01:06.27	300m 03:31.87	500m 05:39.94	700m 08:25.32			
	200m 02:18.10	400m 04:46.59	600m 07:12.00	73,32			
	07,83	07,72	06,06				
4. Erik Huisman (De Biesboschzwemmers, 197401405)					13:11.93		
	100m 01:27.54	300m 04:48.52	500m 08:12.08	700m 11:35.73			
	200m 03:08.22	400m 06:30.85	600m 09:53.89	101,84			
	100,68	102,33	101,81				
5. Xander de Pooter (De Schelde, 200601019)					13:19.89		
	100m 01:33.78	300m 05:00.20	500m 08:25.18	700m 11:46.39			
	200m 03:16.25	400m 06:42.63	600m 10:06.53	99,86			
	102,47	102,43	101,35				
29. 1500m vrije slag - Dames							
<i>vanaf 11 jaar (Senioren Open)</i>							
1. Gaia Sterre Mirotti (Vzc, 200305158)					18:01.05		
	100m 01:05.08	500m 05:47.08	900m 10:37.63	1200m 14:21.47			
	200m 02:15.80	600m 06:59.08	1000m 11:51.84	1300m 15:34.85			
	300m 03:25.84	700m 08:10.86	1100m 13:06.58	1400m 16:48.61			
	400m 04:36.38	800m 09:22.60	1200m 14:21.47	74,89			
	70,54	71,74	74,89				
2. Bridget Vermeer (Vzc, 200501766)					18:03.08		
	100m 01:06.31	500m 05:57.13	900m 10:47.36	1200m 14:27.31			
	200m 02:19.04	600m 07:09.53	1000m 12:00.23	1300m 15:41.08			
	300m 03:31.83	700m 08:22.39	1100m 13:13.38	1400m 16:54.01			
	400m 04:44.38	800m 09:35.03	1200m 14:27.31	73,93			
	72,55	72,64	73,93				
3. Marlinde Beukers (Wvz, 200101934)					19:00.32		
	100m 01:08.19	500m 06:13.81	900m 11:22.26	1200m 15:12.71			
	200m 02:29.00	600m 07:31.56	1000m 12:39.03	1300m 16:30.43			
	300m 03:40.19	700m 08:48.46	1100m 13:55.31	1400m 17:46.54			
	400m 04:56.89	800m 10:05.58	1200m 15:12.71	76,11			
	76,70	77,12	77,40				
4. Roos Englebert (Hieronymus, 200200606)					19:21.93		
	100m 01:10.18	500m 06:22.11	900m 11:34.44	1200m 15:29.31			
	200m 02:27.43	600m 07:40.19	1000m 12:52.71	1300m 16:47.51			
	300m 03:45.03	700m 08:57.86	1100m 14:10.89	1400m 18:05.56			
	400m 05:03.52	800m 10:15.92	1200m 15:29.31	78,05			
	78,49	78,06	78,42				
5. Kyanie Blom (Zwemsport Parkstad, 200301866)					19:55.58		
	100m 01:13.30	500m 06:32.55	900m 11:53.15	1200m 15:55.60			
	200m 02:32.57	600m 07:52.53	1000m 13:14.22	1300m 17:16.41			
	300m 03:53.03	700m 09:12.31	1100m 14:34.81	1400m 18:36.12			
	400m 05:13.31	800m 10:32.70	1200m 15:55.60	79,71			
	80,28	80,39	80,79				
6. Mirthe Vlegels (Hieronymus, 200503486)					21:16.71		
	100m 01:16.55	500m 06:55.54	900m 12:40.01	1200m 17:02.21			
	200m 02:40.59	600m 08:21.04	1000m 14:07.55	1300m 18:28.75			
	300m 04:05.28	700m 09:46.25	1100m 15:35.01	1400m 19:54.68			
	400m 05:29.83	800m 11:12.55	1200m 17:02.21	85,93			
	84,55	86,30	87,20				



7. Liselotte Schaap (HZ&PC Heerenveen, 200603016)					23:00.77
100m 01:22.22	82,22	500m 07:25.18	93,23	900m 13:38.42	93,85
200m 02:51.40	89,18	600m 08:58.77	93,59	1000m 15:15.69	97,27
300m 04:21.00	89,60	700m 10:32.17	93,40	1100m 16:52.84	97,15
400m 05:51.95	90,95	800m 12:04.57	92,40	1200m 18:28.24	95,40
1200m 18:28.24	95,40			1300m 20:01.95	93,71
				1400m 21:33.83	91,88
8. Rachele Hellenbrand (Psv, 199101204)					25:52.00
100m 01:28.70	88,70	500m 08:26.17	105,12	900m 15:24.87	104,70
200m 03:11.05	102,35	600m 10:10.69	104,52	1000m 17:09.80	104,93
300m 04:55.63	104,58	700m 11:55.85	105,16	1100m 18:55.92	106,12
400m 06:41.05	105,42	800m 13:40.17	104,32	1200m 20:41.97	106,05
1200m 20:41.97	106,05				
9. Chimène Huisman (De Biesboschzwemmers, 200400534)					25:59.79
100m 01:33.74	93,74	500m 08:34.21	104,73	900m 15:37.00	105,00
200m 03:17.62	103,88	600m 10:19.59	105,38	1000m 17:22.30	105,30
300m 05:03.40	105,78	700m 12:05.71	106,12	1100m 19:06.71	104,41
400m 06:49.48	106,08	800m 13:52.00	106,29	1200m 20:49.90	103,19
1200m 20:49.90	103,19				
30. 1500m vrije slag - Heren					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Michael Smink (The Hague Swimming (sg), 200302169)					18:04.47
100m 01:04.96	64,96	500m 05:57.07	73,94	900m 10:52.33	74,33
200m 02:17.50	72,54	600m 07:10.53	73,46	1000m 12:06.52	74,19
300m 03:30.03	72,53	700m 08:24.56	74,03	1100m 13:20.12	73,60
400m 04:43.13	73,10	800m 09:38.00	73,44	1200m 14:33.52	73,40
1200m 14:33.52	73,40				
2. Yanieck Frijstein (The Hague Swimming (sg), 200500329)					18:14.51
100m 01:08.17	68,17	500m 06:04.76	74,20	900m 10:59.95	73,46
200m 02:21.44	73,27	600m 07:18.76	74,00	1000m 12:12.81	72,86
300m 03:35.86	74,42	700m 08:32.44	73,68	1100m 13:25.19	72,38
400m 04:50.56	74,70	800m 09:46.49	74,05	1200m 14:37.24	72,05
1200m 14:37.24	72,05				
3. Maikel van der Linden (Zwemsport Parkstad, 200003797)					18:16.74
100m 01:02.58	62,58	500m 05:52.09	74,77	900m 10:52.52	75,17
200m 02:13.91	71,33	600m 07:08.78	76,69	1000m 12:08.43	75,91
300m 03:25.22	71,31	700m 08:23.49	74,71	1100m 13:22.35	73,92
400m 04:37.32	72,10	800m 09:37.35	73,86	1200m 14:37.18	74,83
1200m 14:37.18	74,83				
4. Gabriel Been (The Hague Swimming (sg), 200501467)					18:23.58
100m 01:08.62	68,62	500m 06:04.45	74,42	900m 11:00.41	73,63
200m 02:21.61	72,99	600m 07:18.66	74,21	1000m 12:13.65	73,24
300m 03:35.73	74,12	700m 08:32.56	73,90	1100m 13:26.55	72,90
400m 04:50.03	74,30	800m 09:46.78	74,22	1200m 14:40.72	74,17
1200m 14:40.72	74,17				
5. Koen Vissers (Psv, 200401429)					18:36.16
100m 01:09.88	69,88	500m 06:08.69	74,80	900m 11:02.39	73,10
200m 02:23.90	74,02	600m 07:22.38	73,69	1000m 12:17.13	74,74
300m 03:39.81	75,91	700m 08:35.81	73,43	1100m 13:32.53	75,40
400m 04:53.89	74,08	800m 09:49.29	73,48	1200m 14:49.60	77,07
1200m 14:49.60	77,07				
6. Emile Fouzai (The Hague Swimming (sg), 200500263)					19:02.57
100m 01:08.92	68,92	500m 06:14.13	77,00	900m 11:21.80	76,57
200m 02:24.00	75,08	600m 07:31.54	77,41	1000m 12:39.02	77,22
300m 03:40.26	76,26	700m 08:48.54	77,00	1100m 13:57.13	78,11
400m 04:57.13	76,87	800m 10:05.23	76,69	1200m 15:14.39	77,26
1200m 15:14.39	77,26				
7. Meindert Dekkinga (HZ&PC Heerenveen, 200400377)					19:05.87
100m 01:07.63	67,63	500m 06:09.86	77,41	900m 11:21.79	78,33
200m 02:21.48	73,85	600m 07:27.09	77,23	1000m 12:39.39	77,60
300m 03:36.21	74,73	700m 08:44.91	77,82	1100m 13:57.33	77,94
400m 04:52.45	76,24	800m 10:03.46	78,55	1200m 15:15.66	78,33
1200m 15:15.66	78,33				
8. Bob Vries, de (The Hague Swimming (sg), 196601101)					19:17.25
100m 01:09.22	69,22	500m 06:17.58	78,15	900m 11:30.68	78,41
200m 02:25.53	76,31	600m 07:35.83	78,25	1000m 12:48.79	78,11
300m 03:42.35	76,82	700m 08:53.95	78,12	1100m 14:07.00	78,21
400m 04:59.43	77,08	800m 10:12.27	78,32	1200m 15:25.73	78,73
1200m 15:25.73	78,73				
9. Milan van Aken (The Hague Swimming (sg), 200303307)					19:24.03
100m 01:08.48	68,48	500m 06:18.74	79,00	900m 11:36.29	78,33
				1200m 15:32.74	78,36

	200m 02:24.28 75,80	600m 07:37.81 79,07	1000m 12:55.40 79,11	1300m 16:47.69 74,95
	300m 03:41.28 77,00	700m 08:57.85 80,04	1100m 14:14.38 78,98	1400m 18:06.17 78,48
	400m 04:59.74 78,46	800m 10:17.96 80,11	1200m 15:32.74 78,36	
10. Dave ten Brink (Psv, 200501225)				19:42.26
	100m 01:07.44 67,44	500m 06:25.04 80,67	900m 11:47.52 82,09	1200m 15:51.12 80,18
	200m 02:24.56 77,12	600m 07:45.02 79,98	1000m 13:09.01 81,49	1300m 17:11.12 80,00
	300m 03:43.40 78,84	700m 09:05.03 80,01	1100m 14:30.94 81,93	1400m 18:28.42 77,30
	400m 05:04.37 80,97	800m 10:25.43 80,40	1200m 15:51.12 80,18	
11. Tristan Kloet (Sg ZOC, 200200063)				20:04.40
	100m 01:06.83 66,83	500m 06:20.24 80,10	900m 11:47.31 82,80	1200m 15:56.57 83,21
	200m 02:21.71 74,88	600m 07:41.35 81,11	1000m 13:10.20 82,89	1300m 17:19.92 83,35
	300m 03:40.49 78,78	700m 09:02.75 81,40	1100m 14:33.36 83,16	1400m 18:42.06 82,14
	400m 05:00.14 79,65	800m 10:24.51 81,76	1200m 15:56.57 83,21	
12. Casper Hoogervorst (De Columbiaan, 200500183)				20:58.09
	100m 01:16.52 76,52	500m 06:52.99 84,86	900m 12:33.99 85,30	1200m 16:46.98 84,20
	200m 02:39.54 83,02	600m 08:18.22 85,23	1000m 13:58.68 84,69	1300m 18:11.48 84,50
	300m 04:04.11 84,57	700m 09:43.59 85,37	1100m 15:22.78 84,10	1400m 19:36.37 84,89
	400m 05:28.13 84,02	800m 11:08.69 85,10	1200m 16:46.98 84,20	
13. Daniel Simons (Psv, 200602017)				20:59.85
	100m 01:19.05 79,05	500m 06:58.12 85,45	900m 12:41.52 87,10	1200m 16:54.50 84,16
	200m 02:43.37 84,32	600m 08:23.74 85,62	1000m 14:06.19 84,67	1300m 18:18.02 83,52
	300m 04:07.84 84,47	700m 09:48.87 85,13	1100m 15:30.34 84,15	1400m 19:41.37 83,35
	400m 05:32.67 84,83	800m 11:14.42 85,55	1200m 16:54.50 84,16	
14. Joe van den Hooff (Psv, 200600559)				21:18.39
	100m 01:14.12 74,12	500m 06:59.93 87,71	900m 12:46.00 86,75	1200m 17:07.18 87,72
	200m 02:39.13 85,01	600m 08:26.40 86,47	1000m 14:12.50 86,50	1300m 18:34.70 87,52
	300m 04:05.07 85,94	700m 09:53.79 87,39	1100m 15:39.46 86,96	1400m 20:01.13 86,43
	400m 05:32.22 87,15	800m 11:19.25 85,46	1200m 17:07.18 87,72	
15. Lars Servaas (Psv, 200600377)				21:34.47
	100m 01:19.58 79,58	500m 07:04.98 87,34	800m 11:26.17 86,76	1100m 15:49.12 87,47
	200m 02:45.20 85,62	600m 09:32.47 147,49	900m 12:33.49 67,32	1200m 17:16.78 87,66
	300m 04:11.27 86,07	700m 09:59.41 26,94	1000m 14:21.65 108,16	1300m 18:45.65 88,87
	400m 05:37.64 86,37	800m 11:26.17 86,76	1100m 15:49.12 87,47	
16. Lasse Schrieken (Vzc, 200503145)				21:49.20
	100m 01:19.86 79,86	500m 07:11.04 88,18	900m 13:06.13 89,06	1200m 17:32.16 88,49
	200m 02:46.07 86,21	600m 08:40.16 89,12	1000m 14:34.54 88,41	1300m 19:00.64 88,48
	300m 04:14.51 88,44	700m 10:08.36 88,20	1100m 16:03.67 89,13	1400m 20:26.67 86,03
	400m 05:42.86 88,35	800m 11:37.07 88,71	1200m 17:32.16 88,49	
31. 800m vrije slag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Lotte Hosper (The Hague Swimming (sg), 200201414)				09:17.09
	100m 01:04.08 64,08	300m 03:21.54 69,09	500m 05:43.13 71,44	600m 06:55.11 71,98
	200m 02:12.45 68,37	400m 04:31.69 70,15	600m 06:55.11 71,98	
2. Femke Doorenbos (De Duinkickers, 200404214)				10:02.36
	100m 01:10.41 70,41	300m 03:44.34 78,01	500m 06:17.57 76,78	700m 08:49.96 75,35
	200m 02:26.33 75,92	400m 05:00.79 76,45	600m 07:34.61 77,04	
3. Aniek van de Weerd (Vzc, 200404136)				10:14.66
	100m 01:09.62 69,62	300m 03:44.39 77,64	500m 06:21.45 78,17	700m 08:58.14 77,95
	200m 02:26.75 77,13	400m 05:03.28 78,89	600m 07:40.19 78,74	
4. Isa Maes (Feijenoord Albion, 200500110)				10:28.85
	100m 01:11.03 71,03	300m 03:49.30 79,50	500m 06:30.08 80,86	700m 09:11.09 79,92
	200m 02:29.80 78,77	400m 05:09.22 79,92	600m 07:51.17 81,09	
5. Eliza Hamelink (Psv, 200502116)				10:33.91
	100m 01:13.39 73,39	300m 03:52.25 79,45	500m 06:33.92 80,63	700m 09:16.02 81,18
	200m 02:32.80 79,41	400m 05:13.29 81,04	600m 07:54.84 80,92	
6. Anique Hazebroek (The Hague Swimming (sg), 200502196)				10:34.37
	100m 01:14.58 74,58	300m 03:55.80 80,89	500m 06:37.30 81,12	700m 09:17.13 80,07

	200m 02:34.9180,33	400m 05:16.1880,38	600m 07:57.0679,76	
7. Karin Stein (ZV Vlaardingen-Schiedam, 197100554)	100m 01:17.0977,09	300m 04:03.0782,95	500m 06:48.7182,34	700m 09:34.4483,38
	200m 02:40.1283,03	400m 05:26.3783,30	600m 08:11.0682,35	10:55.77
8. Julie Rupprecht (De Ham, 200702322)	100m 01:15.2875,28	300m 04:03.5685,23	500m 06:54.4786,81	700m 09:48.0187,45
	200m 02:38.3383,05	400m 05:27.6684,10	600m 08:20.5686,09	11:05.19
9. Charlotte Woltjes (The Hague Swimming (sg), 200700110)	100m 01:21.4581,45	300m 04:13.1186,04	500m 07:03.4985,02	700m 09:50.4183,29
	200m 02:47.0785,62	400m 05:38.4785,36	600m 08:27.1283,63	11:07.17
10. Bibi de Jong (Hieronymus, 200401164)	100m 01:16.2376,23	300m 04:05.2984,93	500m 07:00.0087,55	700m 09:53.6786,60
	200m 02:40.3684,13	400m 05:32.4587,16	600m 08:27.0787,07	11:16.07
11. Vivianne Woltjes (The Hague Swimming (sg), 200501524)	100m 01:18.1478,14	300m 04:14.5988,33	500m 07:08.5186,11	700m 09:57.7683,79
	200m 02:46.2688,12	400m 05:42.4087,81	600m 08:33.9785,46	11:22.04
12. Valerie van der Velden (Psv, 200600860)	100m 01:17.7477,74	300m 04:10.9887,70	500m 07:08.0788,89	700m 10:06.3389,14
	200m 02:43.2885,54	400m 05:39.1888,20	600m 08:37.1989,12	11:32.41
13. Kayleigh Kloet (Sg ZOC, 199802860)	100m 01:15.6975,69	300m 04:08.9887,93	500m 07:09.3690,86	700m 10:09.0589,27
	200m 02:41.0585,36	400m 05:38.5089,52	600m 08:39.7890,42	11:35.77
14. Sophie Kremers (Trb/Res, 200304760)	100m 01:18.5978,59	300m 04:13.5588,05	500m 07:11.6389,37	700m 10:10.5189,63
	200m 02:45.5086,91	400m 05:42.2688,71	600m 08:40.8889,25	11:36.73
15. Annika de Wolf (The Hague Swimming (sg), 200504774)	100m 01:23.1883,18	300m 04:25.3690,88	500m 07:27.0690,37	700m 10:29.3590,25
	200m 02:54.4891,30	400m 05:56.6991,33	600m 08:59.1092,04	11:56.55
16. Robin Vermeer (Vzc, 200701292)	100m 01:22.9882,98	300m 04:29.7194,09	500m 07:33.8291,64	700m 10:36.9891,76
	200m 02:55.6292,64	400m 06:02.1892,47	600m 09:05.2291,40	12:01.28
17. Pien de Lange (Sbc2000, 200700834)	100m 01:24.4284,42	300m 04:31.2693,56	500m 07:38.5493,84	700m 10:39.5490,15
	200m 02:57.7093,28	400m 06:04.7093,44	600m 09:09.3990,85	12:04.00
18. Livia Groenewegen (Psv, 200700244)	100m 01:23.3683,36	300m 04:26.9292,18	500m 07:32.8293,50	700m 10:41.1194,30
	200m 02:54.7491,38	400m 05:59.3292,40	600m 09:06.8193,99	12:10.89
19. Liselotte Hendriks (Arethusia, 200702158)	100m 01:21.8981,89	300m 04:24.7391,91	500m 07:33.3295,07	600m 09:10.3096,98
	200m 02:52.8290,93	400m 05:58.2593,52	600m 09:10.3096,98	12:13.80
20. Donna van der Meer (BZ en PC, 200601146)	100m 01:28.2188,21	300m 04:42.8197,77	500m 07:52.1094,38	700m 10:55.1490,55
	200m 03:05.0496,83	400m 06:17.7294,91	600m 09:24.5992,49	12:22.29
21. Laura van Lierop (Psv, 200700810)	100m 01:28.3588,35	300m 04:42.5497,23	500m 07:53.9495,50	700m 11:03.1793,95
	200m 03:05.3196,96	400m 06:18.4495,90	600m 09:29.2295,28	12:31.20
22. Esmee Hereijgers (Hieronymus, 200302818)	100m 01:18.5578,55	300m 04:24.7595,48	500m 07:40.8399,65	700m 11:01.09100,25
	200m 02:49.2790,72	400m 06:01.1896,43	600m 09:20.84100,01	12:37.33